

Target Ticks for Disease Prevention in the Balkan Theater/Stop Rodent-Borne Disease in its Tracks in the Balkan Theater
(A wallet-size card)

In **February 1996**, and based upon the significant threats of hantaviral (rodent-borne) and tick-borne diseases in the Balkan Theater, the Assistant Secretary of Defense, Dr. Stephen Joseph, proposed that pocket-sized cards addressing these threats and their associated preventive measures be rapidly developed and disseminated to all deployed personnel participating in Operation Joint Endeavor.

The U.S. Army Center for Health Promotion & Preventive Medicine (USACHPPM) developed and produced both a basic wallet-size card and a more detailed bi-fold pocket card to address the tick and rodent-borne disease threats in the Balkan Area of Operation.

The wallet card is a 2-3/8 inches high X 3-1/2 inches wide and is laminated in sturdy clear plastic. One side lists basic personal protective techniques against ticks, including the basic DOD Repellent System, and the other side cites personal protective techniques against rodent-associated hazards.

FRONT SIDE

TARGET TICKS FOR DISEASE PREVENTION IN THE BALKAN THEATER



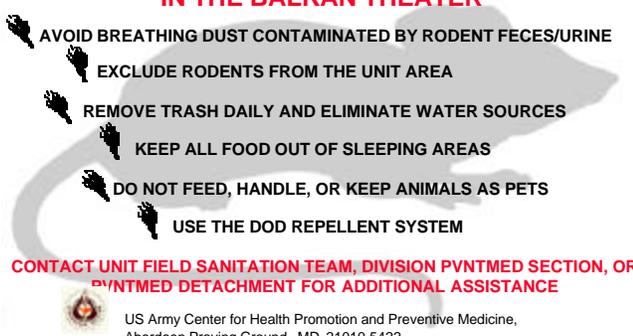
-  CHECK YOUR SKIN AND UNIFORM OFTEN, USE THE BUDDY SYSTEM
-  KNOW THAT OVERGROWN PASTURES AND WOODLAND EDGES ARE TICK HOTSPOTS
-  USE THE DOD REPELLENT SYSTEM:
 - TREAT UNIFORMS WITH PERMETHRIN
 - APPLY DEET CREAM TO EXPOSED SKIN
 - TUCK PANTS INTO BOOTS, SLEEVES DOWN
-  SEEK MEDICAL ASSISTANCE FOR THE REMOVAL OF ATTACHED TICKS

AIM TO PROTECT YOURSELF FROM THE BITE OF A TICK

A finite number of these cards were produced and most were disseminated. Should the need arise, the card could again be produced.

BACK SIDE

STOP RODENT-BORNE DISEASE IN ITS TRACKS IN THE BALKAN THEATER



-  AVOID BREATHING DUST CONTAMINATED BY RODENT FECES/URINE
-  EXCLUDE RODENTS FROM THE UNIT AREA
-  REMOVE TRASH DAILY AND ELIMINATE WATER SOURCES
-  KEEP ALL FOOD OUT OF SLEEPING AREAS
-  DO NOT FEED, HANDLE, OR KEEP ANIMALS AS PETS
-  USE THE DOD REPELLENT SYSTEM

CONTACT UNIT FIELD SANITATION TEAM, DIVISION PVNTMED SECTION, OR PVNTMED DETACHMENT FOR ADDITIONAL ASSISTANCE

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