



# Just the Facts

57-013-0894

## ...About Roseola



Roseola is an infection caused by a virus. The infection is common in children aged 6 to 24 months but rare in children younger than 4 months or older than 4 years.

Roseola starts with a fever. After several days, the fever disappears and a rash appears, mainly on the child's face and body. The rash consists of small red spots which last for a day or two.

Although Roseola begins with several days of fever, most children remain active and do not appear to be very sick. In some children the fever is very high and causes febrile seizures (or convulsions).

Diagnosis of roseola is difficult until the rash has appeared. A physician can tell if the child's fever is due to roseola or some other more serious infection.

Roseola is not very infectious. We do not know how it spreads from person to person. Children with roseola get better without any treatment and complications are very rare.

- ◆ **Child Care Facilities**
- ◆ **Information/Guidance**
- ◆ **Symptoms & Treatment**

### THINGS PARENTS CAN DO

- ◆ Watch your child for signs of roseola if another child has it.
- ◆ Contact your physician if your child develops a fever.
- ◆ Allow your child to continue attending the child care facility if he or she feels well enough to take part in the activities. If your child has roseola, make sure you tell the staff.

**For additional information contact your local health consultant or health care provider.**

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