U.S. Army Center for Health Promotion and Preventive Medicine

The Sentinel

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Dr. Coleen Weese
2001 Joseph Lovell Award recipient

Volume 24, No. 3 **May-June 2002**

HHC Gets a New Commander

By: Linda D. Patrick

Headquarters and Headquarters Company got a new commander during a ceremony held at McBride Parade Field on June 18, Edgewood Area of Aberdeen Proving Ground, Maryland.

CPT Scott Newkirk relinquished command of HHC to 1LT Joseph Hout. BG William T. Bester, Commander, participated in the ceremony. Hout enlisted in the Army in 1992 as a Chemical Operations Specialist. Upon completion of 4 years of enlisted service, he transitioned to the Army National Guard and returned to his home in Polson, Montana to pursue an undergraduate degree in Chemistry at the University of Montana. He joined the ROTC in 1998 and was commissioned in May 2000 as a 2LT in the Medical Service Corps.

Hout's previous assignments include 3/3 Special Forces Group (A), Fort Bragg, North Carolina; 801st Chemical Reconnaissance Detachments, Fort Bragg, NC; Chemical Ammunition Company, Johnston Atoll; I Corps Chemical Section, Fort Lewis, Washington; and CHPPM-North, Fort George G. Meade, Maryland.

Hout's military awards and decorations include the Army Commendation Medal, 1 Oak Leaf Cluster; Army Achievement Medal, 3 Oak Leaf Clusters; Army Good Conduct Medal; National Defense Service Medal; Armed Forces Expeditionary Medal, Humanitarian Service Medal, Noncommissioned Officer Professional Development Ribbon; Army Service Ribbon; Overseas Ribbon; Expert Field Medical Badge; Parachutist Badge; Air Assault Badge; and the German Efficiency Badge.

Hout resides in Aberdeen Proving Ground, Maryland with his wife Adeline and 3 children: Zachary, Andrew and Quinn.

Newkirk served as HHC Commander for the past 2 years. His next assignment is with the Deputy Chief of Staff for Operations.

HHC participates in change of command cermony held on Jun 18.

CPT Scott Newkirk, outgoing Commander.

The Sentinel is an unofficial publication authorized under the provisions of AR 360-1, published bimonthly by offset production. It is also available on the World Wide Web and can be found on CHPPM's Home Page under CHPPM's News Bulletins. Publishing Office is the Public Affairs Office, U.S. Army Center for Health Promotion and Preventive Medicine, Aberdeen Proving Ground, Maryland 21010-5403, telephone 1-800-222-9698, DSN 584-2088, Commercial 410-436-2088, or FAX 410-436-4784. Views and opinions expressed are not necessarily those of the Department of the Army. This publication is printed on recycled paper. Photographs by W. Ben Bunger III, unless otherwise noted.

Commander…BG William T. Bester

Public Affairs Officer…Evelyn B. Riley
Editor…Anne Gibson
Asst. Editor…Linda D. Patrick

EAGLE'S NEST

SLEEP: Does it Matter?

By: COL Gemryl L. Samuels
Director, of Health Promotion and Wellness

Did you lose an hour of sleep with the arrival of Daylight Savings Time recently? Most of us have heard over and over again that the average adult needs 8 hours of sleep each night in order to achieve optimum daytime alertness and performance. No doubt, some people need even more than the recommended 8 hours to feel fully refreshed and rested while others function well on much less. Inadequate sleep for even just one night can have a negative effect on not only performance but on mood, memory, ability to make decisions, concentration and emotions. Accumulative sleep loss over several nights may have even more detrimental effects. Feeling short-tempered, depressed, anxious or even upset is all more likely to occur when someone has gotten too little sleep. Thus, it is important not to ignore sleep and to try to get as much of the sleep your body requires.

Recent polls show that many Americans enjoy the benefits of sufficient sleep, yet as many as 47 million adults may be putting themselves at risk because they are not meeting their minimum sleep need in order to be fully alert. These are some of the key findings in the National Sleep Foundation's "Sleep in America" poll, which looked at the relationship between Americans' lifestyles, sleep habits and sleep problems.

Sleep deprivation continues to be widespread in America. According to the NSF poll, a majority of American adults (63 percent) does not get the recommended 8 hours of sleep needed for good health, safety, and optimum performance. In fact, nearly one-third (31 percent) report sleeping less than 7 hours each week night, though many adults say they try to sleep more on weekends.

This poll also shows that more than one-third of Americans say they get less sleep now than 5 years ago. Seven in 10 (69 percent) say they experience frequent sleep problems although most have not been diagnosed. Respondents say they would sleep more if they believed it would benefit their overall health, safety, and well-being. More than 8 out of 10 say they would sleep more if they knew they could be healthier (85 percent), perform in a safer way and avoid injuries (83 percent), and improve their memory (82 percent).

"The 2001 Sleep in America poll shows good news and bad news," says Richard L. Gelula, NSF's executive director. "The good news is that many Americans say they don't want to give up any more sleep in spite of their hectic lives, and they would sleep more if they were convinced it would contribute to their quality of life. The bad news is far too many adults still sacrifice sleep, which is unhealthy and counter-productive. We have our work cut out for us to educate Americans that a good night's sleep is a necessity, not a luxury. Americans must make time for sleep," Gelula added.

Americans' lifestyles have undergone a sea of change in recent years. Compared to 5 years ago, almost as many adults say they now spend more time at work and less time sleeping (40 percent vs. 38 percent). More than one-third (38 percent) say they are working 50 hours or more a week. This re-allocation of time and the prioritization of work have a direct affect on sleep: those who work more sleep less. They also experience more insomnia than those who spend fewer hours working.

There is no doubt a definite relationship exists between the numbers of hours worked and its negative impact on sleep. This is particularly noticeable for people working more than 40 hours per week. A secondary effect of the long hours worked is the sleepiness people feel during the hours they intend to be awake.

The NSF poll found that one in five adults (22 percent) are so sleepy during the day it interferes with daily activities a few days a week or more. When they feel sleepy during the day, two-thirds of those surveyed (65 percent) say they are very likely to accept their sleepiness and keep going, apparently disregarding its effects.

(continued on page 8)

Military News

ARRIVALS
1LT Victor De Amas - CHPPM-North
CPT Phillip Cosby - DCPM
LTC David Dwight Jones - OCO
1LT Daniel Greene - CHPPM-West
SSG David Guerra - CHPPM-Europe
1LT Ronald Havard - CHPPM-South
SPC Jarvis Hill - CHPPM-Europe
CPT James Houlihan - CHPPM-West
1LT Joseph Hout - OCO
1LT Barton Jennings - CHPPM-North
MAJ Amy Korman - CHPPM-Europe
PFC Jamal Lawson - CHPPM-Europe
CPT Roberto Marin - DEDS
CPT Jittawadee Murphy - Europe
SPC Geraldo Parrilla - CHPPM-Europe
CPT Brett Schmidt - CHPPM-Europe
PFC Darrell Taylor - CHPPM-Europe
CPL James Winston - CHPPM-Europe

DEPARTURES
CPT Gretchen Benner - CHPPM-Europe
MAJ Annette Boatwright - CHPPM-Europe
CPT Rodrigo Chavez - CHPPM-Europe
CPT Warren Collier - CHPPM-North
MAJ Thomas Delk - CHPPM-West
SSG Michele DeSouza - CHPPM-Europe
LTC Paul Hulkovich - CHPPM-Europe
LTC Mark Lovell - DCPM
SGT Matthew Nicholls - CHPPM-Europe
SPC Dewayne Price - CHPPM-North
MAJ Dwight Rickard - CHPPM-Europe
1LT Brenda Rudyk - CHPPM-West
1LT Brian Smith - CHPPM-West

AWARDS AND RECOGNITIONS

Meritorious Service Medal
CPT Brett Collier - CHPPM-North
LTC(P) Ralph Erickson - DEDS
LTC Paul Hulkovich - CHPPM-Europe
LTC Donald McDuffie - DCPM
SGT Matthew Nicholls - CHPPM-Europe
CPT Michael Terry - OCO
LCDR Kenneth Whitwell - DCPM

Army Commendation Medal
MAJ Anthony Intrepido - DOHS
SSG Wanda Martin - DOHS
SGT Jason Krantz - DCSOPS
PFC Paul Ebohon -DLS

Army Achievement Medal
MAJ Cheryl Cameron - DCPM
MAJ Sharon Reese - DHPW
SGT Joseph Newton - DLS
SGT Samantha Tate - DOHS

Outstanding Volunteer Service Medal
MAJ Newton Foster, DT

PROMOTIONS
CPT Dennis Palalay to MAJ

Phillips re-enlists

By: Linda D. Patrick

SGT Lisa Phillips reenlisted for another 3 years with 1 year guaranteed stabilization here at CHPPM and a 6-months school option, which will allow her to go to college for 1/2 of her duty day. She is currently studying Computer Science and plans to graduate with a BS in Computer Science by 2004.

Phillips joined the Army in 1995 as a Petroleum Supply Specialist with a Petroleum Vehicle Operator ASI. She reclassified to 91S in 1998 after serving in Military District of Washington Engineer Company at Ft. Belvoir, Virigina. After completing Advanced Individual Training she was assigned to Bassett Army Community Hospital at Fort Wainwright, Alaska, where she served a 3-year tour. She is currently assigned to the Directorate of Environmental Health Engineering, Water Supply Management Program. Phillips has two children, Darius, 3 and Siane, 1. She plans on making the Army a career but may take a few optional routes such as direct commission or Green to Gold.

CPT(P) Thomas Timmes, Program Manager Field Water, Water Supply Management Program, DEHE, presents SGT Phillips with her re-enlistment certificate.

Military Medical Merit Award

By: Evelyn B. Riley

MAJ THOMAS C. DELK, CHPPM-West, has been inducted into the Order of the Military Medical Merit. The Order recognizes outstanding soldiers and civilians who make significant contributions to the Army Medical Department.

Since July 1999, Delk served as Chief to CHPPM-West's Industrial Hygiene Division, Fort Lewis, Washington. He re-established his regional industrial hygiene program into a world-class provider of technical occupational health and safety support. He led the efforts in doubling his staff from three personnel to six highly competent industrial hygiene professionals, procuring state-of-the-art industrial hygiene equipment and sampling methods, developing and providing innovative industrial hygiene mission services, and reestablishing his division's customer base within CHPPM-West's 22-state region. He also served as the premier expert in deployment industrial hygiene in support of the Defense Occupational and Environmental Health Surveillance Program. He single-handedly developed procedures and identified additional equipment necessary to identify and evaluate occupational health hazards in a military field environment.

From January to July 2001, Delk supported Operation Joint Force by serving as the Preventive Medicine Staff Officer for the Peace Stabilization Force Headquarters, in Sarajevo, Bosnia and Herzegovina. During his 6-month deployment, he developed a theater-wide environmental health hazard inventory, and he led the efforts to establish BiH's first nation-wide infectious disease surveillance program since 1991. These initiatives currently serve as models for all military preventive medicine programs within the Allied Forces-South theater of operations. His contributions in this endeavor established a benchmark for excellence and was hallmarked by Delk receiving the Defense Meritorious Service Medal.

From January 1995 to July 1997, Delk served as a Health Hazard Assessment Officer for the Health Hazard Assessment Program. He distinguished himself by providing expert leadership and technical guidance in the assessment of 77 military equipment systems, to include the Family of Medium Tactical Vehicles, the Armored Gun System, a variety of non-lethal weapon systems, and the M48 nuclear, biological, and chemical warfare agent protective filter. When implemented, the recommendations contained in these various assessments avoided over $43.5 million in projected healthcare costs and disability claims for the U.S. Army. Delk also deployed to Tuzla in support of Operation Joint Guard. As the team leader for a 30-day CHPPM ambient air monitoring mission, he was responsible for collecting and shipping over 230 air, water, and soil samples from February through April 1997. These sample results ensured that U.S. soldiers serving in the Balkans were operating in a safe and healthy environment.

From May 1993 to June 1994, Delk served as Commander, 154th Medical Detachment (Sanitation), Camp Walker, Taegu, Republic of Korea. He converted the detachment from an authorized level of organization (ALO) 3 LB (Environmental Sanitation) detachment to an ALO 1 LX (Sanitation) detachment with minimal resources and logistical support. He was also instrumental in the development and execution of his area of responsibility's first formal drinking water surveillance plan. Previous to his command, Delk served as an Environmental Science Officer and Executive Officer for the 5th Preventive Medicine Unit's LC (Environmental Engineering) Detachment, Yongsan, ROK, from July 1992 to April 1993. He developed and executed a comprehensive preventive medicine support plan to protect the health and safety of over 10,000 soldiers participating in Exercise Team Spirit. His initiatives in each of his leadership roles significantly minimized the threat of disease and non-battle injuries, and safeguarded the well-being of the fighting forces in Korea.

From July 1991 to June 1992, Delk served as Environmental Science Officer for the 7th Infantry Division (Light), Fort Ord, California. In support of this 12,000-soldier division, he developed and executed a Respiratory Protection Program to protect the health of unit-level industrial workers in garrison, and he re-engineered the Field Sanitation Program for unit-level field sanitation teams to provide state-of-the-art support to warfighters in the field. He also served as the division point of contact for a high profile Shigellosis vaccine study requiring the participation of over 200 study participants over a 3-month period. Due to his technical and administrative guidance and support, this study contributed to the timely approval of an effective vaccine against Shigellosis.

(continued on page 8)

Civilian News

ARRIVALS
Desmond Bannon - DT
Alyson Berkshire - DLS
Lynette Bragg - DCSIM
Brigitte Brison - CHPPM-Europe
Kim Broderick - DLS
Michael Brown - CHPPM-West
Murray Brown - DEHE
Teena Boudris - DCSIM
Joseph Burke - DEHE
Michele Cooper - DCSIM
Erin Curran - DHRM
Salima Darakjy - DEDS
Judith Dempsey - DEHE
Rebecca Eberhardt - DHPW
Franklin Froman - CHPPM-Europe
Sara Marie Garrett - DOHS
Valarie Jefferson - DCSOPS
Bruce Jones - DEDS
Paul Lilley - DLS
Brian Lehman - DEHE
Shannon Lowe - DCSIM
Ryan Martin - DEHE
Stephanie Martin-Lombino - DCSIM
Daniel Reichard - DEHE
Matthew Robinson - DEHE
Lauren Roso - DEHE
Matthew Runyon - DLS
Darakjy Salima - DEDS
Xavier Stallings - DHRM
Michelle Saylor - CHPPM-Europe
Barbara Smelser - DLS
Alexander Solounias - DCPM
Laurie Stover - CHPPM-North
Antonetta Thompson - DEHE
Katherine Tillett - DCPM
Mary Tillotson-Criss - CHPPM-West
Lisa Vigus - DLS
Karen Walker - DT
Sarah Woo - DEHE
Sheene Young - DHRM

DEPARTURES
Keanna Butler - CHPPM-Europe
Osborne Goodall - CHPPM-North
Brian Judge - CHPPM-Europe
Matthew Waterbury - DEHE

AWARDS AND RECOGNITIONS

Superior Civilian Service Award
Donna Kutchey - DEHE
Joseph Macko - DT

Exemplary Civilian Service Award
Marilyn Null - DHRM

Commander's Award for Civilian Service
Sherri Hutchens - DHRM

Achievement Medal for Civilian Service
Nikki Jordan - DEDS

Military & Veterans Health Coordinating Board Plaque
Kevin Delaney - DCSOPS
Stephen Kistner - DTS

Quality Step Increase
Karlyn Hughes - DHRM
Suaquita Perry - DHRM
Jackie Owens - DTS

Performance Awards
Neoma Amberman - DCPM
Connie Eanes - DCPM
Barbara Hillstrom - DCPM
Cindy Orwig - DCPM

Civilian Employee of the Quarter
Nikki Jordan - DEDS

Professional Associate of the Quarter
Daniele Bananto - DCSIM

RETIREMENTS
Joseph Macko - DT
Mary Cruise - DCSIM
David Rosak - DLS

Georgia Bailey, an environmental noise technician, graduated from the Baltimore School of Massage. Her ultimate goal is to practice therapeutic massage on injured animals after she retires.

The Prestigious Lovell Award

By: Evelyn B. Riley

Coleen B. Weese, M.D., Program Manager, Occupational and Environmental Medicine, received the 2001 Joseph Lovell award on May 13. She is the 23rd recipient of this award unique to CHPPM.

Named in honor of the first Army Surgeon General, a vigorous supporter of preventive medicine, the award is presented annually to a civilian or military scientist, engineer, health professional, or technician who has demonstrated exceptional initiative, creativity, innovative ability, and professional excellence in his or her occupational field.

She joined the U.S. Army Environmental Hygiene Agency as a Preventive Medicine Officer in 1992 - 1994; served as Chief, Disease Control and Preventive Medicine Division, CHPPM, from 1994 - 1995; served as an occupational and environmental medicine physician from 1995 - 1999; and as Program Manager, Occupational and Environmental Medicine, from 1999 - present.

Dr. Weese participated in the development of documents on chronic oral toxicity values for military chemical agents. These reference criteria are used to assess the health risk to protect communities and the environment from chemical warfare-related solid wastes. She also participated on a multidisciplinary team that developed short- and long-term chemical exposure guidelines for use during military deployments. Technical Guide 230, Short- and Long-Term Exposure Chemical Exposure Guidelines for Deployed Military Personnel, filled an important gap in the Army Medical Department's or AMEDDs ability to provide advice to commanders on the risks posed by occupational and environmental hazards.

As primary CHPPM representative, Dr. Weese served on a DOD Workgroup to develop the DOD Strategy to Address Low-Level Chemical Warfare Agent Exposures. She coordinated the work of a multidisciplinary team to evaluate the Airborne Exposure Limits for Occupational and General Population Exposures to G Agents, VX, and Sulfur Mustard for the past several years. This team derived new short- and long-term exposure limits to protect workers and the general population related to demilitarization of the U.S. chemical warfare agent stockpile. She presented the U.S. Army recommendations in panels and public meetings at the Centers for Disease Control and Prevention in 2000 and 2001. Revised control limits were published in the Federal Register and final recommendations are expected from the U.S. Department of Health and Human Services this year.

Dr. Weese also participated in the derivation of Acute Exposure Guideline Levels for chemical warfare agents. These guidelines are intended for use by emergency response personnel to assess the short-term health risks to exposed personnel, following the release of an industrial chemical either from an accident or terrorist attack. She provided support to the medical management of personnel following accidental release of chemical agents from the U.S. Army Chemical Stockpile. She provided leadership in the medical risk assessment and setting of exposure guidelines for chemical warfare agents. Through her efforts, new exposure guidelines for military chemical agents were developed that are suitable for emergency planning, response, and prevention.

Dr. Weese excelled in her support to installation environmental risk assessments when novel and complicated situations arose. She consistently ensures that military and civilian personnel are protected from the risks posed by occupational and environmental hazards such as chlordane, asbestos, and beryllium. She actively participated in the Pentagon Post - Disaster Response, providing risk assessments and re-entry criteria in support of consequence management activities. She drafted the risk stratification approach and personnel protection requirements for consequence management activities in support of Anthrax bio-terrorism events for DOD personnel.

She has also written critically on the topics of surveillance for environmental hazards. She has published a chapter and several papers on this topic as the DOD matures their surveillance systems in the wake of the Persian Gulf Conflict.

Dr. Weese earned her medical degree from the University of Southern California School of Medicine, Los Angeles, California in 1986, and her master's in public health at Johns Hopkins School of Hygiene and Public Health, Baltimore, Maryland, in 1991. She is board certified in occupational medicine and public health and general preventive medicine, a certified Medical Review Officer, and a Fellow of the American College of Occupational and Environmental Medicine.

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Wyatt named CHPPM's Secretary of the Year

By: Linda D. Patrick

Stephen Kistner, Deputy for Technical Services, recognizes Carolyn Wyatt, CHPPM's Secretary of the Year.

Carolyn Wyatt, a secretary for the Hazardous and Medical Waste Program, was selected as CHPPM's Secretary of the Year in a ceremony held on April 19, National Professional Secretary's Day. Wyatt who has been with CHPPM since 1996 received a $400 cash award, an 8-hour time-off award and a certificate of recognition.

Wyatt is the key focal point to providing timely professional documents to customers. Her exceptional performance and efforts have significantly contributed to customers' satisfaction and "repeat business." Wyatt is constantly seeking to enhance her secretarial abilities through various professional courses, computer courses, and by attending Harford Community College in the evenings.

Wyatt's performance represents the highest standard of Federal service. Her willingness to support the program and CHPPM wherever needed has been her strong point since assuming this position. Her willingness to assist various project teams often involves overtime to ensure that report deadlines are met.

She personifies the term professionalism for secretaries. Her actions are consistently those of a true professional. Wyatt can always be relied upon for supportive counsel and treats everyone with respect and dignity. Additionally, Wyatt is one of four DEHE program secretaries who provide on-site administrative support to five ECAS assessments per year in this manner including OCONUS assessments. Her performance reflects positively on the entire Center workforce. Wyatt's achievements are a credit to herself and the Federal Civil Service.

While not selected, the following secretaries were honored by being nominated and recognized by Brigadier General Bester: Naomi Amberman, Directorate of Clinical Preventive Medicine; Mildred Martin, Directorate of Laboratory Sciences; Donna Pierce, Directorate of Laboratory Sciences; Sue Scott, CHPPM-West, and Marcy Welch, Directorate of Health Risk Management.

SLEEP:…

(continued from page 3)

Is there something a person can do about his/her lack of sleep? Definitely.

- √ Avoid too much caffeine in the daytime hours.
- √ Excessive caffeine has the potential to disturb sleep.
- √ Exercise regularly, about 6 hours before you want to sleep.
- √ Do not allow your work to come between you and your sleep.
- √ Instead of falling asleep glued to the tube, select a relaxing bedtime ritual, like a hot bath or listening to calming music.

Sufficient sleep will help you cope with stress and effectively face the situations in every day life. You will be calmer, better able to make decisions, feel more energized and more productive. For additional information, visit the National Sleep Foundation home page at http://www.sleepfoundation.org/whyitmatters.html.

MILITARY MEDICAL MERIT AWARD

(continued from page 5)

From June 1989 to June 1991, Delk served as Chief, Environmental Health Section, Medical Department Activity, Fort Ord, California. As a newly commissioned officer, he developed guidance for an installation-level Respiratory Protection Program to protect the health of Fort Ord's industrial workers, as well as a regulated medical waste management program to protect the health and safety of installation healthcare workers and the general public. He was instrumental in the proper disposal of hazardous waste generated from the installation's X-ray film developing solution/silver recovery systems, thereby avoiding a costly environmental protection compliance citation for the installation. Additionally, he reengineered the installation Food Service Sanitation Training Program to provide state-of-the-art training and food service protection.

Delk epitomizes every aspect of the Army values. His extraordinary accomplishments have significantly fortified the pillar of force health protection.

Excellence in Environmental Engineering

By: Evelyn B. Riley

Personnel from CHPPM accepted the 2002 Excellence in Environmental Engineering Operations/Management Grand Prize Award from the American Academy of Environmental Engineers. A ceremony was held on April 18 at the National Press Club in Washington, DC.

The Excellence in Environmental Engineering competition of the AAEE exists to identify and reward the best of today's environmental engineering research, planning and design and the best operation and management of environmental facilities and programs. Launched 15 years ago, the 2002 edition drew entries from around the world that typify the creativity and innovations of consulting engineers, municipal utilities, industrial corporations, and academics. This year's entries ranged from projects costing more than $1 billion to projects costing just a few thousand dollars and from those requiring years to complete to one completed in just a few weeks.

The Academy's Excellence in Environmental Engineering competition singles out those projects and programs for recognition, which testify to the genius of humankind. Its criteria define what it takes to be the best in environmental practice - a holistic environmental perspective, innovation, proven performance and customer satisfaction, and contribution to an improved quality of life and economic efficiency. Those chosen for prizes in 2002 by an independent panel of distinguished experts addressed the broad range of modern challenges inherent in providing life-nurturing services for humans and protection of the environment.

CHPPM received the award in recognition for industrial hygiene and environmental engineering support to the Pentagon immediately following the terrorist attack on September 11. A team of experts deployed immediately to the Pentagon to determine the levels of hazardous contamination present due to the incident in and around the Pentagon; recommend mitigation of any hazards that pose a health threat to the occupants and personnel conducting operations in response to the incident; and measure and assess the health impact of a wide range of contaminants that might be present because of the aircraft and building fire damage. LTC Laurie A. Cummings, CHPPM-North, was the Officer-in-Charge.

Both structural collapse and fire resulted when the aircraft struck the west side of the Pentagon. The specialists found no potential health risks. Using occupational standards, the team, along with scientists from other military services, evaluated potential health risks from hazards such as dust and ash; chemical residues from burning plastic, wood and other materials; or construction material (such as lead) or asbestos that are commonly found in older buildings such as the Pentagon. Test results were within occupational health standards established by the Occupational Safety and Health Administration. Additionally, results of air surveys for other common materials like carbon monoxide, carbon dioxide, nitrogen dioxide, and metals were also within health standards. The team also checked for possible radiation and found no hazards.

The Directorate of Laboratory Sciences completed over 1,500 sample analyses and reported in excess of 19,000 results of hazardous substances. The laboratory's extensive accreditations and certifications provided an unmatched quality and reliability to meet demanding regulatory requirements and scientific scrutiny required for this assessment.

It was vital for our national security that the 23,000 occupants of the Pentagon be allowed to return to their work environment as soon as it was deemed safe. This dynamic team effort involved many areas of occupational health and environmental engineering practices, all available at CHPPM.

(l to r) 1st row: MAJ Anthony J. Intrepido, Mr. Stephen L. Kistner, LTC Laurie A Cummings, second row: CPT Dennis S. Palalay, and 2LT Ryan S. Bible display the grand prize trophy.

FEB Winners

By: Linda D. Patrick

The Federal Executive Board held its annual excellence in Federal career awards program on May 3 at Martin's West, Baltimore, Maryland. This year, CHPPM had nine outstanding employees nominated in various job-specific categories: Dr. Marianne Cloeren, 2LT Ryan Bible, Ms. Melissa Miller, Ms. Donna Doganiero, Ms. Justina Allen, Ms. Sara Parker, Ms. Toni Christopher, Ms. Janet Silver and LTC Laurie Cummings. The finalists were honored with a gold, silver or bronze award at the awards program on May 3.

Dr. Marianne Cloeren was awarded with the silver award in the category of Rookie of the Year (Professional). Cloeren joined CHPPM's Occupational and Environmental Medicine Program in 2001 and hit the ground running. The program was poised to launch an Army effort to control the cost of occupational illnesses and injuries in civilian employees. The direct cost of these illnesses and injuries in civilian Army employees in 2001 was $170 million. The President and Congress have prioritized control of injuries in Federal civilian employees as an issue for all Federal agencies. The Secretary of Defense has likewise required all defense agencies to focus on preventing occupational illnesses and injuries and resulting disabilities in its workforce. Dr. Cloeren was tasked to spearhead this plan for the Army.

Cloeren tirelessly coordinated with professionals from technical and information systems to identify the existing data, outline the functional requirements of the system, and plan the outcomes and analyses to disseminate to the user. She has also identified a substantial oversight role for the Army civilian injury and compensation trends.

The Army's Civilian Resource Conservation Program has set as one of its goals to reduce worker's compensation costs by 3 percent per year. Cloeren's work has been instrumental in making major strides to facilitate the achievement of these goals.

2LT Ryan Bible was awarded the gold award for the Federal Rookie of the Year award. Bible has been assigned to CHPPM-North since June 2001. He has provided exemplary support to leaders and soldiers of the Active and Army Reserve Components on Army installations in a 21-state geographic area of the U.S. He has coordinated and participated in very critical Environmental and Occupational Health surveillance training for medical units deploying to Operations Bright Star in Egypt and Operation Enduring Freedom in Afghanistan and Pakistan. Bible's close coordination with field medical units has resulted in the identification of critical training and logistical shortfalls.

Bible was also selected to participate in the medical response activities after the September 11th terrorist attack on the Pentagon. He personally collected hundreds of industrial hygiene samples used to assess potential health risk to Pentagon personnel from the emissions of the burning aircraft, fuel, and building.

He has served on staff in the Office of The Surgeon General, where he participated in the development of medical consequence management plans in the event of a terrorist attack on targeted DOD nuclear and chemical stockpile sites.

Bible's exceptional achievements during his very short tenure with the Army have been noted throughout the Chain of Command. His superb leadership, ingenuity, and selflessness reflect the attributes of a skilled and gifted soldier scientist.

Ms. Melissa Miller was awarded the gold award in the category of Outstanding Supervisor award (GS-12 and below). Miller is the laboratory manager in the Entomological Sciences Division, CHPPM-North. She epitomizes the highest standards of excellence in federal service. She consistently demonstrated superb leadership and guidance while providing exemplary support to America's Army and the Army community in an 18-state area of responsibility in the northeastern United States.

As a supervisor and laboratory manager, Miller directs all functions, personnel, forecasts, and managers' fiscal resources to support leaders, project managers and decision makers at serviced organizations in countering the health threats of arthropod and rodent-borne diseases. Under her planning and direction, the CHPPM-North laboratory procured and implemented state-of-the-art equipment and methods to detect arthropod and rodent-borne diseases.

In 2001, her leadership and management skills were epitomized by the proactive, flawless execution of the DOD West Nile Virus mosquito surveillance program. Her exceptional achievements and contributions to the Army's Health Promotion, Preventive Medicine, Occupational Health, and Environmental Programs reflect the foremost virtues of an accomplished, skilled supervisor, and a consummate scientist. Her superb leadership, management, mentorship, ingenuity, commitment to total quality and excellence, and customer focus are a sterling example of the kind of supervisor America's Army and our nation needs to face today's challenges and lead us to a promising future.

Ms. Donna Doganiero was awarded the bronze award in the category of outstanding Supervisor - GS-13 and above category. Doganiero currently serves as the Director of Occupational Health Sciences. She is a significant leader in occupational health, recognized throughout the Department of Defense and civilian practices.

Doganiero sets very high standards for both herself and her people, establishing a productive work environment, and motivating her personnel to succeed. While tough and demanding, she is an extraordinary mentor who is totally committed to the needs of her people and has always served as a superb role model for subordinates, peers, and superiors.

Throughout her career, Doganiero has been recognized for her leadership abilities. She has been designated as the Functional Chief Representative for Army Industrial Hygienists, championing training and upward mobility opportunities for career industrial hygienists throughout the Army. Elected recently to the position of Treasurer on the Board of Directors of the American Industrial Hygiene Association, she also serves as the Board liaison to the AIHA Indoor Air Quality Committee, Biosafety Committee, and Product Health and Safety Committee, and Reproductive Hazards Taskforce.

Although not in any official capacity, perhaps one of the most significant contributions Doganiero makes in her Federal employment and professional societies is her status as a role model for young, female professionals. She serves as a formal and informal mentor/coach to many, encouraging and recommending opportunities for professional growth, She is considered a magnificent mentor whose counsel is sought by peers, subordinates and superiors alike. Doganiero's contributions to the Federal government are truly significant and deserving of this honorable award.

Ms. Justina Allen was awarded the bronze award in the category of outstanding Professional (Non-Supervisory). Allen, a Health System Specialist, is an expert in the analysis of program resources required to perform the critical missions of environmental health, occupational health, clinical preventive medicine, epidemiology and disease surveillance, toxicology and laboratory sciences. She was nominated for her outstanding contributions and crucial role in developing the case for increased financial and personnel resources for health promotion and preventive medicine services Army-wide.

Allen is an excellent example of a leader and mentor. She is an active member of both the Chesapeake Chapter of the American Society of Military Comptrollers and the Maryland Association of Healthcare Executives. She has also participated in the Harford County Kids Can Program, mentoring a youth from the Edgewood Middle School. Allen donates her energies and talents to numerous Center committees and special interest groups despite her busy schedule.

Allen was nominated for her exceptional achievements and contributions, which reflect the foremost virtues of an accomplished, skilled and consummate professional. Her superb leadership, management, ingenuity and commitment to quality and excellence are a sterling example of the kind of individual America's Army and our nation need to face today's challenges and lead us to a promising future.

Ms. Sara Parker was awarded the bronze award in the category of Outstanding Professional (Non-Supervisory). Parker is CHPPM's Total Army Quality Coordinator, and is an extremely competent professional with unquestioned integrity and talent. Through her ability to understand the "big picture" she has allowed CHPPM to strategically position itself within the Departments of the Army and Defense by emphasizing its strength as an organization while working to enable DA and DOD to achieve their goals.

Her expertise was sought by the Office of the Surgeon General, U.S. Army Medical Command, CHPPM's higher headquarters, in the development of a strategic planning tool, the MEDCOM Balanced Scorecard, which is used by an organization to operationalize their strategic

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Military Volunteer of the Year

By: Evelyn B. Riley

The Aberdeen Proving Ground Military Volunteer of the Year award was awarded to Major Newton H. Foster IV, a veterinarian assigned to CHPPM. He was nominated based upon his length of service and dedication to the soldiers and youth of the Aberdeen Proving Ground, Maryland community for the past 9 years. MG John C. Doesburg, APG Commander, presented the award at a ceremony held on May 22.

LTC Roxanne E. Baumgartner, former Director, Toxicology, CHPPM, said, "Foster is indeed worthy of this prestigious award. He, a busy Army officer and devoted father of four, finds the time and energy to give himself back to the APG community, helping to instill proper values and goals into our young people. In 2001 alone, he devoted over 700 hours to volunteer activities. The tools he has given these young people will help them build meaningful, productive lives. The gift Foster gives is one that will surely last into the future for generations to come."

Foster volunteered for the Edgewood Chapel's 143rd Soldiers' Coffee House, a Saturday night social attended by young Advanced Individual Training soldiers. A welcoming respite from the rigors and stress of military training, the Coffee House gives these trainees the opportunity to practice their faith; relax with a movie, pizza, and soft drinks; and socialize in a wholesome environment. On special occasions, the soldiers participate in seasonal-related activities, such as a pumpkin-carving contest in October.

On APG's Bring Your Child to Work Day, Foster organized an informative tour and demonstration of the health and safety services provided by CHPPM's Directorate of Toxicology. He escorted the children through the facility and explained the importance of the work. He participated in a round-robin group demonstration at the Recreation Center, showing the developmental stages of animals and talking about prevention of birth defects.

As an Edgewood Middle School mentor, Foster counseled a pre-teen boy who had been exhibiting poor performance in and outside of class. He developed a plan that focused on improving the youth's social skills. By helping the boy explore his interests after school, Foster encouraged him to have hope and plan for the future. Together they developed a step-by-step plan to improve grades and behavior. As a result, the boy's skills were vastly improved and he subsequently created a PowerPoint presentation that impressed his teachers.

At the Edgewood Chapel and in partnership with the Aberdeen Chapel, Foster helped to create a Catholic Youth Group, establishing a program of learning and service. In practicing Judeo-Christian faith and values, the Catholic Youth Group developed service projects to serve the community. They made care packages for local nursing home patients and helped raise money to send a small youth group to Rome, Italy, for the World Youth Meeting with the Pope. Foster teaches 7th grade Sunday school at the Edgewood Chapel. He is charged to develop young persons' understanding of values and the need for them to take responsibility in all areas of life. He encourages them to talk about the direction they would like to take to reach their goals

Foster is a Catholic Charities-certified foster care provider. This year, he provided foster care on a respite basis to three teens. These cases are typically more challenging, from a medical and/or behavioral basis, than typical foster care cases. By building a trusted relationship, he helped them to explore their goals in life and develop skills needed to achieve these goals. He traveled with them locally to encourage them to appreciate the natural beauty of the Chesapeake Bay area. Foster taught them computer skills and how to use various software. They discussed job skills and developed a sense of pride for a job well done.

Foster said, "I am very humbled to receive this award. There are so many deserving military, youth and civilian volunteers. I have always asked the chapel, school and youth center staff what can I do to help. I heard about the need for foster care through the Knights of Columbus (a catholic service organization). I said to myself, I have the right name for that job. I find the interaction of volunteering in the community a stimulating and satisfying service. I am enriched through service opportunities. I find it important to evaluate your time, talents and treasure to see how one may share with those in need. I tell my children to give back to the church, school and community through their service. I hope that I have made a difference in the military and civilian community. As I leave the Edgewood Maryland area and the Army, I will have many happy memories. I look forward to my involvement in my new job and community."

Outstanding Young Engineer

By: Evelyn B. Riley

CPT Thomas C. Timmes, Water Supply Management Program, was selected as Outstanding Young Engineer by the Maryland Society of Professional Engineers or MSPE, an auspice of the National Society of Professional Engineers. He was recognized at the MSPE 63rd Annual Banquet held in Annapolis, Maryland.

As Chief, Field Water Section, Timmes is responsible for assisting field commanders and their medical staffs in supplying adequate quantities of high quality drinking water to deployed soldiers. In light of heightened anti-terrorism/ force protection and homeland security issues, he has taken the lead for water system vulnerablility assessment planning to ensure the safety and quality of drinking water supplies at Army installations. His actions, accomplishments, and unlimited future potential clearly made him an excellent candidate for the Outstanding Young Engineer Award. Timmes' significant accomplishments are described below.

- Developed a comprehensive Water Systems Vulnerability Assessment or WSVA Protocol that is the only such document currently available to the Army's water utilities and public health professionals to identify threats, vulnerabilities, and recommended corrective actions to counter the threats of terrorist activity against the Army's water systems.
- Presented his WSVA technical paper at the March 2002 National Defense Industrial Association 28th Environmental Symposium in Charleston, South Carolina.
- Conducted WSVAs at select Army installations, and hosted training events for other engineers who conduct such assessments throughout the country.
- Obtained Professional Engineer registration in Maryland while completing a Masters Degree in Environmental Engineering from Johns Hopkins University (May 2000).

- Deployed as a member of the Special Medical Augmentation Response Team - Preventive Medicine (SMART-PM) to the Pentagon to conduct comprehensive sampling and assessment of its drinking water supplies in response to the 911 terrorist attack on our nation.
- Served as the subject matter expert for drinking water issues in support of Operation Enduring Freedom as well as the activities associated with CHPPM's support to the homeland security.
- Conducted drinking water corrosion control studies at two Army installations as a part of his research work as a graduate student in the Environmental Engineering Program at the Johns Hopkins University.
- Deployed as a member of the 82d Airborne Division to conduct extensive water sampling for the 1997 Partnership for Peace exercise with Uzbekistan and Kazakhstan.
- Organized the first-ever field deployment of the Unit personnel in support of a Reserve Navy Unit as part of NATO Exercise "Strong Resolve," while assigned to the CHPPM.
- Developed practical methods to determine the airflow characteristics inside chemical munitions bunkers at all chemical surety sites. His recommendations to the Army and the defense contractors to address health hazards in the design and acquisition of weapon systems are having a lasting impact on the health and safety of the users - the American soldiers.

New Faces at CHPPM

By: Linda D. Patrick

CPT James Houlihan joins the Environmental Health and Engineering Division at CHPPM-West. Prior to arriving at CHPPM-West, Houlihan worked as an Environmental Specialist/ Water Specialist for the Missouri Department of Natural Resources, and served in the Army Reserve as an Environmental Science Officer.

His education includes a BS in Environmental Health Management Technology and specialized education in water quality, water treatment, and wastewater treatment.

During off-duty time he enjoys spending time with his wife Sandy, and three children, Samantha, 15, Gabrielle, 10, and Ryan, 3. Houlihan's hobbies include woodworking, fishing, gardening, cooking, and hiking. "I am very grateful and excited to have the opportunity to work with the quality people found at CHPPM and all the regional offices," said Houlihan.

1LT Barton T. Jennings is an Environmental Science Officer for the Environmental Health Engineering Division at CHPPM-North. Prior to arriving at CHPPM-North, Jennings worked as a Senior Research Associate with Millennium Pharmaceuticals in Cambridge, Massachusetts. Jennings has also served 6 years as a biological research assistant, stationed at the Walter Reed Army Institute of Research. He is a graduate of Johns Hopkins University with a Masters degree in Environmental Sciences. He resides in Fort Meade, Maryland with his wife Ellie, and two sons Hunter, 2 and Chazz, 5 months.

1LT Victor De Amas is an Industrial Hygiene Project Officer at CHPPM-North, Fort Meade, Maryland. De Amas is a graduate of the Environmental Science Master Program at Johns Hopkins University, Baltimore, Maryland. His duties include the planning, supervision and support of industrial hygiene surveys and studies to active Army, National Guard, Reserve and Defense Logistics Agency installions.

Michael K. Brown joins the Environmental Health Engineering Division at CHPPM-West as an Environmental Engineer. Brown received his BS in Environmental Science from Evergreen State College in Evergreen College, Olympia, WA, in 1996 and is currently working on his Masters in Environmental Science. Brown worked as a contractor for the Fort Lewis Department of Public Works for the past 5-1/2 years. He lives in Olympia, Washington, and enjoys rock climbing and mountaineering in his spare time.

1LT Daniel Greene joins the Industrial Hygiene Division at CHPPM-West, Fort Lewis, Washington. Greene was previously employed as an OSHA Compliance Officer for the U.S. Department of Labor in Bellevue, Washington. After coming on active duty in January, he attended the Officers Basic Course and 6AF5 at Fort Sam Houston, Texas, and reported to Fort Lewis, Washington on June 1st. Greene received his Master of Science of Public Health from the University of Utah in 2000. Greene and his wife Terrilyn reside in Olympia, Washington, and enjoy the many outdoor activities offered in the great Pacific Northwest.

Janelle Lucksavage is a Health Educator Intern. She joins CHPPM as an ORISE employee with the Directorate of Clinical Preventive Medicine assigned to the Disease and Injury Control Policy Program under LTC Mark A. Lovell. Lucksavage and her husband Phillip, who works for the Directorate of Laboratory Sciences, live in Aberdeen Proving Ground, Maryland. Lucksavage has a BA in Sociology from the University of North Carolina at Wilmington. Her future education plans are to pursue a Masters of Public Health or Masters of Science in Human Services Administration. Lucksavage and her husband are expecting a baby in late September. Her interests are traveling, reading and biking.

CPT Thomas Sherbert joins the Deployment Environmental Exposure Surveillance Program at CHPPM-Europe. Originally from Wisconsin, he graduated from the University of Texas, San Antonio, Texas, where he earned an undergraduate degree in Biology (Pre-Med) in their Green to Gold program. His last duty assignment was Executive Officer for the 255th Medical Detachment in Grafenwoehr, Germany. Sherbert has a master's degree in Business Administration from Embry-Riddle Aeronautical University.
Hidden Talent: he pretends to be a good golfer. Leisure Activities: Spending time with his family, golfing and bowling.

2LT Nicole Nazario is originally from Cranston, Rhode Island. She has a bachelor's degree in Environmental Engineering from Roger Williams University in Bristol, Rhode Island. Nazario was commissioned from ROTC, and her first duty assignment is with CHPPM-North. She works for the Environmental Health Engineering Division. Her hobbies include watching football, playing piano, yoga, and reading fiction novels.

1LT Ronald Havard joins the Industrial Hygiene Division at CHPPM-South. He has 17 years of military service to include his reserve time. Previous assignments include the 10th Mountain Division, 3rd Infantry Division in Desert Storm, 1st Platoon Leader in Headquarters, Headquarters Company - 396th Combat Support Hospital and 7 years in Environmental Health & Safety Management Field (Hewlett-Packard, Sanderson Farms, Foster Farms S.T. Environmental). He has a certificate in Emergency Management, and is a certified Safety Professional. Havard graduated from Texas A&M University with a BS in Environmental Science and is working to complete his MS and PhD within the next 6 years.

Havard and his wife Angie live in McDonough, Georgia and have three children, Crystal, 12, Mason, 3 and Laney 1. He is big on family activities; his wife enjoys crafts, volunteer work, and is a Girl Scout leader. Havard has been a professional photographer for 18 years; he finds time on the weekends photographing equestrian related events. He enjoys bass fishing from his new boat, traveling, going to the movies and the Civil War.

CHPPM-West received an "Environmental Certificate of Appreciation" in April, commending the unit for its outstanding support provided to I Corps, Fort Lewis, Washington, during the Department of the Army, Environmental Compliance Assessment System audit FY 02. The award recognized CHPPM-West for its dedication to the ideals of Environmental Stewardship and assistance in integrating environmental compliance into daily work practices. LTG James Hill, Commander, I Corps, signed the certificate.

Doctor of Public Health

CPT Timothy A. Kluchinsky, Jr., Dr. PH, MSPH, MBS, RS, RES

Kluchinsky, a Medical Service Environmental Science Officer for the Health Hazard Assessment Program, is the first active duty Army soldier to be awarded the degree of Doctor of Public Health from the Uniformed Services University of the Health Sciences School of Medicine, Bethesda, Maryland. His doctoral research involving Riot Control Agents was recently published in several peer-reviewed scientific journals.

While enrolled at the University, he also completed degree requirements for a Master of Science in Public Health Degree. Kluchinsky has served as a guest speaker at several national conventions and conferences regarding his latest published research involving Riot Control Agents and gladly welcomes invitations to do such. Kluchinsky is the Regional Director for the Maryland Association of Environmental Sanitarians and has just recently received a faculty position at the F. Edward Hebert School of Medicine, Bethesda, Maryland, in the Department of Preventive Medicine and Biometrics, Environmental and Occupational Health Division as an adjunct assistant professor.

Kluchinsky enlisted in the Pennsylvania Army National Guard in 1983 as a Tube-launched Optically-tracked Wire-guided (TOW) missile crewman and transferred into the U.S. Army in 1986 as an Air Defense Artillery, Chaparral Missile Crewman. He served 4 years in Kaiserslautern, West Germany, and 1 year at Fort Lewis, Washington, before being selected as an Army Green-to-Gold Scholarship Awardee. Kluchinsky enrolled as a cadet in the Reserve Officer Training Corps (ROTC) program at Pacific Lutheran University, Tacoma, Washington. He received a Bachelor of Science Degree with Cum Laude Honors in Biological Research in 1992 and was commissioned as a Second Lieutenant in the Army Air Defense Artillery.

Kluchinsky served as an Air Defense Artillery, Bradley Stinger Fighting Vehicle Platoon Leader in the Fourth Infantry Division during which he received his first Master of Science Degree from the University of Colorado at Colorado Springs, Colorado. Upon completion of this degree, Kluchinsky was reclassified as a Medical Service Corps Officer and became the 4ID Environmental Science Officer.

His military education includes attendance at the Combined Arms and Services and Staff School, Army Medical Command's Officers Advanced Course, Air Defense Officer Basic Course, Non-commissioned Officers Professional Development School, and Emergency Medical Technician School. Other courses include Principles of Preventive Medicine, Nuclear Biological Chemical Course, Field Sanitation Course, Operational Entomology Course, Basic Industrial Hygiene Course, Occupational Health and Safety Course, Hazardous Materials Incident Response Operations Course, Food Service Sanitation Course, Hazardous Material Site Supervisor Course, and Supply Supervisor Course.

Kluchinsky's military awards and decorations include the Meritorious Service Medal, Army Commendation Medals with 6 oak leaf clusters, Army Achievement Medals with 5 olcs, Good Conduct Medal, National Defense Service Medal with 1 Bronze star, Humanitarian Service Medal, German Physical Fitness Achievement Medal, Joint Meritorious Unit Award, Non-commissioned Officer Professional Development Ribbon, Army Service Ribbon, Overseas Ribbon, Expert Field Medical Badge, Parachutist Badge, Air Assault Badge, and Distinguished Honor Graduate at the Non-commissioned Officer Primary Leadership Academy. His certifications are as a Nationally Registered Environmental Health Specialist, Nationally Registered Sanitarian, Nationally Registered Emergency Medical Technician, and Maryland State Registered Environmental Sanitarian.

Kluchinsky's wife, Aunika (Penn) is a graduate of Georgetown University, Washington, D.C., and practices as a Certified Ophthalmic Technician/Certified Ophthalmic Management Technician while assisting in Laser-Assisted In Situ Keratomileuis eye surgery at Baltimore-Washington Eye Center, Glen Burnie, Maryland. They have two children, Jacob 8 and Shawn 6. They are highly active in the community and Saint Nicholas' Catholic Church, Kung Fu, scouting, baseball, and soccer.

SBLM Graduates

On April 5, 2002, Mr. John DeFrank, Radio Frequency Program, Directorate of Occupational Health Sciences; Ms. Veronique Hauschild, Deployment Environmental Surveillance Program, Directorate of Health Risk Management and Ms. Gerri Miles, Sample Management Laboratory, Directorate of Laboratory Sciences, were among 120 graduates of the Sustaining Base Leadership and Management Program or SBLM at the Army Management Staff College, Fort Belvoir, Virginia.

The SBLM Program is a rigorous 12-week residential graduate-level advanced professional development program held 3 times a year. The graduates can receive 12-15 graduate credits for their work from selective universities. The Chief of Staff of the Army established the program in 1987 to educate and prepare Army military and civilian leaders in sustaining base leadership and management operations.

The program is designed for Army lieutenant colonels, majors and civilians in grades GS-12 through GS-14 who have leadership potential or are currently in leadership positions. All three CHPPM employees were nominated by their supervisors and accepted by the Headquarters, Department of Army Selection Board based on their qualifications, work record, and potential for assuming key leadership positions in the Army.

The programs main goal in developing future and current leaders is to enable the students to better understand how the Army functions as a complex system and how various activities contribute to the big picture. Functional areas covered included: 1) Leadership, Management, and Decision Making, 2) National Security, 3) Military Forces and Doctrine, 4) Force Integration, 5) Resource Management, 6) Acquisition and Logistics, 7) Personnel Management, 8) Information Management, and 9) Installation Management.

Throughout this broad-based training, DeFrank, Hauschild and Miles were evaluated on writing and analytical skills, management styles, leadership qualities, individual personality types, and learning styles. To develop these skills, students were provided much hands-on team leadership and developmental activities that stressed critical thinking and active learning.

DeFrank talked to several SBLM alumnis about their experience. This is what he had to say; “Their enthusiasm seemed exaggerated. They talked about the relationships I would build and how I would see the “big picture”. Now, having successfully navigated the course, I must agree with those who went before my classmates and me from Seminar 4 (4CE OF CHANGE). SBLM is the best career training I’ve ever experienced. I would compare it to what the training runners put themselves through prior to an important race. Although I was in a class of almost 150, I never felt that I was competing against anyone but myself. Everyone was there to help each other successfully run the race. The race was against preconceptions and self-doubt,” said DeFrank.

Two things DeFrank brought back with him. A deep and enduring appreciation for the men and women in uniform that motivates him to do all that is within his power to sustain them. And, an understanding of the military element of power that empowers him to lead the professional staff entrusted to him with integrity.

A recurring theme of this course was Army Transformation from the legacy force to the objective force. Looking back at his experience, he thought personal transformation was also the theme of SBLM. “If you're ready for the challenge, go for it,” said DeFrank.

Hauschild was told by former students that the AMSC experience is what you make of it but wasn't sure what that meant until she got there. “Since it is a pass/fail course, there’s certainly some individual flexibility in how much time/effort is involved. Even at a minimum level you would be busy, and you’d be sure to learn something of value about the Army and its leadership vision. But what I enjoyed most was my interaction with people from all walks of the Army sustaining base and learn more about the Army and 'how it works' through hearing about their work experiences. Also very beneficial, was getting involved in a variety of activities outside the ‘class room.’ Whether it was being a class photographer, rallying up support for a charity run, or learning the overly complex legal and logistical procedures for conducting events on an Army installation, I was able to put into practice some of the knowledge and skills being taught in AMSC. My advice to those interested in going - plan on giving it your all, and try things you normally wouldn’t do. Oh yeah - and plan on a physical fitness routine to balance out the constant food supply,” said Hauschild.

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New Directorate - DHRM

By: Evelyn B. Riley

On October 1, 2001, a new directorate was formed called Health Risk Management. Mr. John Resta was appointed Director. His previous assignment was as the Program Manager for the Deployment Environmental Surveillance Program.

Resta has a bachelor's degree in environmental engineering from Pennsylvania State University and a master's degree in civil engineering from the University of Delaware. He is a registered professional engineer, State of Maryland and has been assigned to CHPPM since 1980.

The mission of the new directorate is to enhance readiness by providing worldwide guidance and support to commanders with the information required to make risk management decisions based on available health risk assessment data, as well as analyses and strategic planning to address social and political factors in the decision making process. The technical programs within the directorate include:

Environmental Health Risk Assessment - to determine human health risks in support of the DOD community and preventive medicine programs worldwide. Program Manager: Mr. Dave Daughdrill

Deployment Environmental Surveillance - assess occupational and environmental exposures that deployed troops may encounter and evaluation of potential health risks. Acting Program Manager: Dr. Jack Heller

Public Health Assessment, DOD Lead Agent for the Agency for Toxic Substances and Disease Registry Program - to provide technical support and consultative expertise at any hazardous waste facility for the evaluation of possible exposure and potential public health effects associated with that exposure. Acting Chief: Mr. Michael White

Health Risk Communication - provide consultation and training in developing and maintaining strategic partnerships, analyzing social and political factors of human health risk issues, and developing strategic plans to integrate scientific, technical and stakeholder interests into comprehensive risk management decision processes. Program Manager: Ms. Marilyn Null.

Sproul says Good-bye…

Mr. Bill Sproul is leaving after nearly 12 years for a position with the "New Home Superstore" in Crofton, Maryland. "I want to thank each of you for your support over the years as my time at CHPPM-North has been a wonderful opportunity. My accomplishments would not have been possible if it were not for the large number of you who provided expert consultation and administrative support to the many projects I worked on. A special thanks to Mr. John Resta for his excellent guidance and vision, and from whom I learned much from in my early years. I am eternally grateful for the lifelong friendships developed with Mr. Bret Mower, former LTs Rich Bailey, Luke Stalll, Kopriva and Sean Marshall, now CPTs Scott Mower, Scott Newkirk, and Jason Richardson and especially LTC David D. Jones who is the greatest officer I ever worked for and remains my dearest friend," said Sproul.

The United States is the greatest nation on earth, partly due to the freedoms and quality of life which we enjoy and too frequently take for granted. I thank each one of you and especially those of you who wear the uniform for the sacrifices you make to keep us safe and strong. As an individual soldier, it may be easy to rationalize ones own insignificance at times, but in my eyes, your willingness to pack up and move to your next assignment and do good work is a service all Americans are deeply indebted for. When you couple moving from one duty station to the next with the committment many of you make to becoming a leader in your area of expertise you increase the quality of life each one of us enjoys in our great land and I thank you for it. I pray to God for your continued protection and His blessing upon you. As a parting request I ask that you please keep my family in your prayers through this time of change.

Sincerely, Bill Sproul

The Command Information Management System or CIMS Campaign

By: Marcia Wilmoth
Chief, Command Information Management System

The Goals

The Command Information Management System or CIMS Office is responsible for implementing standard corporate processes that enable users to improve the quality of their decision making in order to deliver products or services that meet or exceed customer expectations. CIMS exists because CHPPM has recognized the need to centrally and consistently track mission activities, costs, and results. The goals of CIMS are to: provide uniformly applied timekeeping and project management; provide quality data as a tool for determining the cost of services, measuring performance, and defending requests for resources; provide a single, centralized method to monitor the current status of services from scheduling through archiving; provide timely exchange of information between all CHPPM organizations; provide integrated business practices; and provide integrated databases so that information is entered once.

The Business Team

"The CIMS Business Team assists CHPPM organizations in integrating and standardizing business practices to improve information flow. We analyze and report information needs, and provide mechanisms to collect and share information that can be used by proponents for business decisions," said Wilmoth. The CIMS Office is currently staffed by Marcia Wilmoth (Chief) and Brenda Caine (Data Administrator). Any problems, suggestions, or questions should be sent via email to USACHPPM-CIMS Administrator.

CIMS Policy

CHPPM Policy Memorandum No. 56, March 12, 2002, outlines the purpose of CIMS and sets forth guidelines for reporting information. The policy can be viewed at: https://chppm-cims.apgea.army.mil/policy/policy.htm The most important aspect of reporting time in CIMS is charging it to the proper project and recording the same time in the APG Electronic Timekeeping System, if applicable. Employees are responsible for understanding the difference between sustainment and indirect and the different categories of each type. The Project Request Form must be completed accurately and each project must attach to only one Strategic Plan or CHPPM Organization item with a unique job order/sub job order combination to prevent duplication.

Labor and Projects Module

In October 2001, a new Labor and Projects Module was deployed. This module replaced the use of INNATE for labor reporting and Microsoft Project for project management. Since October, we have collected data from CHPPM employees through timesheets submitted and tracked the hours by projects established. We have developed initial reports that summarize the data for managers and program analysts.

CIMS Future

The current Labor and Project module is being improved as changes are identified. Additional modules will be added to the CIMS application in the future. They will include Human Resources, Project Management, Document Management, and Laboratory Information Management.

To standardize corporate practices and eliminate data redundancy, we are assisting the Deputy Chief of Staff for Information Management or DCSIM in gathering automation requirements from users and evaluating requests for new products or modifying/updating existing products. Submitting a work request will initiate a combined effort to determine how best to meet the requestor's needs.

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CHPPM "At The Hop"

By: LTC Mary Laedtke
Directorate of Occupational Health Sciences

Just like the guys in the IKEA commercial who can change a subway car into a disco, various members of the Directorate of Occupational Health Sciences worked their magic to transform the Gunpowder Conference Center into a Soda Shop and high school gymnasium for the April 26, CHPPM Hail and Farewell---"At the Hop." Magenta and white streamers, balloons and 45 rpm records were hung throughout the Center to reflect the time and space of a 50's/ 60's high school dance. Colored clip art pictures of period cars, bubble gum (Bazooka Joe and Double Bubble) and gold fish bowls (with live gold fish) were used to decorate the tables. A "soda shop" was recreated so the attendees could experience (or re-experience) the favorite drinks of the time. LTC Mark Melanson and John DeFrank, who dressed and acted like authentic soda jerks, served up the cherry cokes, vanilla cokes and root beer floats at the Soda Shop. The menu also included authentic 50/60's food: burgers (with appropriate condiments), fries, and desserts such as cupcakes, brownies, and "Tandy Takes." As the banner in the dining room proudly and accurately announced, "Bill's Burgers.… We Make the BESTER Burgers In Town."

Not only were the attendees transported back in time via the sights and tastes of the 50's, but the sounds and activities of the evening also harkened back to the "good ole" days. Strains of "Blue Suede Shoes", "Chantilly Lace", "The Great Pretender" and others could be heard as Jim Rush (husband of Dr. Vivian Rush) spun the platters. Interspersed with the Hails and Farewells were various "special activities"- a time when many CHPPM-ites were able to demonstrate some revealing talents. A quartet from the Sweet Adelines, known as "Listen" serenaded the crowd with "Mr. Sandman" and "One Fine Day." Two members of the CHPPM family, Irene Richardson and Mary Gray, are members of "Listen." This musical tribute was followed up by another group-"CHPPM-dames." The "CHPPM-dames", Amy Whitfield, Mary Logan, Tish Campbell, Karen Chambers, Sheila Little and Rosemary Kramp, "performed" the song "Going to the Chapel" with a very pregnant Amy Whitfield as lead singer. Their song was so stirring that COL Chambers ended up laying at their feet in adoration. They concluded their musical interlude with "Soldier Boy."

The next festivity was the gold fish-eating contest. Five of CHPPM's finest, Steve Kistner, COL William Chambers, Ed Evans, CPT Scott Newkirk, and LTC John Campbell, volunteered to eat the gold fish placed before them. Much to their disappointment, the live goldfish were substituted with 5 ounce bowls of gold fish crackers. They were instructed to consume as many goldfish as possible in 30 seconds, WITHOUT the use of their hands. A tiebreaker "eat-off" had to be held with the following results: LTC Campbell-first place, CPT Newkirk-second place and Ed Evans-third place.

A hoola-hoop contest brought out several women from the audience. The competition was stiff, but the winner, the one person who appeared to be the most able to keep that hoola-hoop moving, was one of the evening's "hailees", Mary Tritle.

The toughest competition for the evening, however, was the best costume contest. Scores of men and women were in the spirit of the evening as they dressed up as bobby soxers, greasers, nerds, and Donna with "the Girls". Blues jeans, white shirts, letter jackets, poodle skirts, rolled up t-shirts, saddle shoes and scarves were the attire for the evening. But when all was said and done, LTC Mark Melanson (Soda jerk), Ed Evans (Greaser), and Bruno Petraccelli (nerd) won first, second, and third place for the men, while Donna and the Girls (Girl Gang), MAJ Cheryl Cameron (Betty Boop), and BethAnn Cameron (Poodle skirt and satin jacket) took first, second and third for the women. Winners of these contests as well as those who won door prizes, received prizes such as tickets to the Big M Drive In, certificates to the Double T Diner, hair spray, sunglasses, Brylcreem, and the most sought after prize of all-sets of blue fuzzy dice.

BG Bester was one of those hailed "At the Hop" and it was his introduction to CHPPM Hail and Farewell Activities. For all who attended, it was a fun and memorable evening.

CHPPM North Celebrates

By: Jane Gervasoni
Strategic Initiatives Office

On Friday, June 14, employees and friends of CHPPM-North attended a Dining Out and Celebration of the Army's 227th Birthday. Club Meade on the Fort George G. Meade military reservation provided an excellent background for this celebration.

LTC Laurie Cummings, Commander of CHPPM-North, was the host of the event, and CPT Christopher Ansell served as Master of Ceremonies. The CHPPM-Main color guard, led by SGT Terrance Blackwell, posted the colors as the celebration officially began.

In honor of the Army's birthday and the celebration of Flag Day, the participants joined together to repeat the Pledge of Allegiance. BG William T. Bester, CHPPM Commander, Cummings, and 2LT Ryan Bible then cut the ceremonial cake.

After an excellent dinner, Mr. Stephen Kistner, the Deputy for Technical Services, spoke to the guests about CHPPM's place in the future of preventive medicine. He provided interesting comments on the technical challenges of the future. Kistner said, "The future is already here, and CHPPM is in the forefront of the emerging technologies including nanotechnology and biomarkers."

COL Robert J. Thompson, the second speaker of the evening, spoke about leadership. He aimed his talk at the young officers and civilians who attended the event, and he gave some excellent insight on the qualities found in good leaders.

The patriarch of Medical Service Corps Sanitary Engineers and Environmental Science Officers, COL Hershell E. (Hew) Wolfe gave attendees his views of preventive medicine. He urged the young officers and enlisted personnel to understand that they are the future. He charged them with the duty to continually upgrade their skills and serve their country. Speaking especially to the soldiers from CHPPM-North, Wolfe complimented them by saying,

"You young officers, NCOs and enlisted soldiers did a wonderful job when called upon on such a short notice. Under LTC Cumming's leadership and with help from the other two Services, you did something that no other organization could have done. You did it well and you provided the right recommendation to the Pentagon leadership. I am very proud to serve you!"

Wolfe ended his talk with comments about the future, "Our new LTCs will be senior COLs and most will be retired, and the kids in 6th grade today will be 2LTs in the year 2012!" All attendees gave him a standing ovation at the conclusion of his talk.

Ansell presented each speaker with a CHPPM-North coin set in marble as an attractive paperweight. Ms. Lovetta Britton, CHPPM protocol officer, Mrs. Jane Gervasoni, photographer, and Mrs. Diane Stroud, commander's secretary at CHPPM-North, were all recognized for their assistance in support of the celebration.

As the final speaker, BG Bester expressed pleasure in his job as CHPPM commander and his respect for the great work being done at the CHPPM. Bester then invited Cummings to the podium where he presented her with the Order of Military Medical Merit.

After retiring the Colors, the attendees continued their celebration with an opportunity to socialize and dance.

BG Bester presents LTC Cummings with the Order of Military Medical Merit.

COL Wolfe expresses pride in the young officers, NCOs and enlisted soldiers during his speech at the Dining Out.

CHPPM Supports the Girl Scouts

By: Evelyn B. Riley

Girl Scouts of Central Maryland sponsored a patriotism program activity for 175 Brownie Girl Scouts in the 1st-3rd grades. While Girl Scouts have long held a strong belief in serving God and country, the September 11, 2001 terrorist attacks have increased the desire and interest in patriotism. This program was extremely popular - over 10 troops in the county wanted to participate but were turned away because there was not enough room. The Brownie Girl Scouts participating in the patriotism activity visited seven different stations: what it means to be a patriot; how to complete a flag ceremony; how to design our country's flag based on the directions given Betsy Ross; identifying Maryland's state symbols; understanding our country's patriotic symbols; and women in the military.

LTC Mary Laedtke, Directorate of Occupational Health Sciences, CHPPM, talked to the Brownies about being a woman in the Army, her Battle Dress Uniform or BDU, and equipment used by soldiers. The Brownies were allowed to try on Laedtke's Kevlar helmet and experience the heaviness on their heads, necks, and shoulders. They were reminded that the soldiers they see every night on the nightly news are wearing similar uniforms and have the same types of equipment. Laedtke discussed the many job choices women have in the military showing pictures of various military women performing non-traditional jobs. The activity that appeared to hold the greatest interest at this station, however, was the Meal, Ready-to-Eat or MRE demonstration. The Brownies were surprised to see the types of food offered and how it was packaged. The Brownies were also encouraged to write letters to soldiers currently deployed in Afghanistan. Two of the Girl Scouts have parents who were recently deployed. Laedtke is a Brownie Troop Leader in Edgewood, Maryland. She said, "It was fun to see the wonder and amazement in the young girls' eyes as they looked at my uniform and were able to try on and touch the items we use in the military. I liked being able to represent the Army and show the girls there are a lot of options for them when they grow up."

Laedtke is an Occupational Therapist in the Ergonomics Program, CHPPM. She provides consultation and training on ergonomics for the Department of Defense and other Federal sectors.

Laedtke is married to Mr. Michael Brennecke and they live in Abingdon. They have two children, Mikayla and Matthew. Laedtke is well known at CHPPM for her variety of costumes and her, as well as her children's, enthusiasm for celebrating holiday and theme-type activities throughout the year.

Laedtke, however, is not the only female CHPPM soldier promoting patriotism and women's roles in the military. SGT Diane M. Tamez was the opening speaker at Community Thinking Day held at the Eastern Christian College. Usually, Girl Scout Thinking Days are organized around culture, games, language, food, and Girl Scouting activities in other nations, but because of the September 11, 2001 crisis, the community decided to think about and celebrate the United States. The theme for Thinking Day was, "Proud to be an American." Approximately 200 girls, from kindergarten to high school, participated. Each troop adopted a state and set up displays and information. Tamez discussed her reasons for joining the military, the different military installations where she has been assigned, the different types of jobs she has held, and how the military has helped her. She also shared her feelings about being a patriot and a good citizen. Several girls in the audience asked her questions and were impressed by her uniform, ribbons, and medals.

Tamez is married to Mr. Jorge Tamez and lives in Baltimore, Maryland. Her hobbies include volunteer work, reading, traveling, and shopping.

Bring Your Child to Work Day

By: Anne Gibson
CHPPM's Federal Women's Program Coordinator

The rains came, but that did not deter CHPPM from having a very successful Bring Your Child to Work Day on April 25 at the Edgewood Area Gunpowder Club. The morning started off with breakfast at the dining facility on post where children and their parents enjoyed a delicious buffet. BG William T. Bester, CHPPM Commander, welcomed 103 parents and students to CHPPM and provided a short overview of upcoming activities. He promised that the day would be full of excitement, tours, face painting, and games, even though the outdoor exhibits were cancelled due to inclement weather. T-shirts were available for purchase with our own unique logo designed by Carolyn Colburn, Visual Information Division.

The Department of the Army, which adopted the initiative in 1993, has expanded the event to include sons. In keeping with this tradition, the U.S. Army Aberdeen Proving Ground observed this event as part of the national program.

The purpose of this program was originally designed to inspire career visions in young women. Today, it is an event open to all children, ages 8 to 15. Personnel were encouraged to take advantage of the opportunity to introduce their children to an actual workplace environment and to portray the Army workplace as an environment where women, as well as men, serve as role models.

Harford County Schools observed this occasion by allowing students to miss a day in the classroom as long as they spent it in their parent's workplace. In this way, children were able to see how their classroom learning would later translate into the working world.

CHPPM's Federal Women's Program (FWP) sponsored this event. A committee was formed with the following members: Anne Gibson, coordinator; Linda Patrick, co-coordinator; Shirley Macon, DCSIM; Carmen Adrover, DLS; Cindy Orwig, DCPM; Tom Burroughs, DOHS; Yani Adika, DOHS; Pat Beall, DTOX; and CPT Scott Newkirk, HHD.

The morning was spent touring exhibits or working in the parent's office area so children could get a true understanding of the working world. Children that went to the parent's work area were awed by the realization of what their moms and dads really did for a living. The afternoon began with door prizes, a visit from the APG Fire Dept, and a program with the APG Military Police vehicles and dog. At 1400, CPT Newkirk and a group of soldiers took most attendees to the Hoyle Gym. To get there, everyone had to jog in formation to and from the Gym. Time spent at the Gym was used to do pushups, jumping jacks, stretches and a relay.

There was a wide array of exhibits. The DCSIM had six computer work stations set up with a Star Wars game that could be played individually or competitively. The Theater Army Medical Laboratory set up telephone communication systems and offered Meals Ready to Eat for everyone to try. Other exhibits included the chemistry labs, hearing conservation, vision conservation, ergonomics, laser microwave, radio frequency, entomology and occupational and environmental medicine. Dr. Coleen Weese and Ms. Cindy Orwig provided face and hand painting to children who were interested.

At 1600, CPT Newkirk and his crew returned with very tired parents and children. All were treated to ice cream, courtesy of BG Bester. CPT Newkirk handed out certificates to each child who attended. Group photos were also given to each child. The afternoon finished up with the last of 80 door prizes before everyone left for home.

Special thanks to all who helped make this day a real success.

Toastmasters International

By: George Bruce, III
Publication Management Division

Have you ever been afraid to speak out and give your opinion about things? Well, I was, and in 1998, I joined Toastmasters to help build my confidence and self-esteem. My Toastmasters' success is one of the greatest experiences of my life.

Toastmasters International is a non-profit organization governed by a Board of Directors elected by the membership. The first Toastmasters club was established on October 22, 1924, in Santa Ana, California, by Dr. Ralph C. Smedley, who conceived and developed the idea of helping others to speak more effectively. More clubs were formed, and Toastmasters International was incorporated under California law on December 19, 1932.

Toastmasters International's business and services are administered by its World Headquarters, located in Rancho Santa Margarita, California. It employs no paid promoters or instructors. It has no salaried staff except the Executive Director and World Headquarters staff, who provide services to the clubs and Districts.

By attending Toastmasters, I improved my confidence and oral skills, and have been able to encourage others to do the same. I also developed my leadership abilities by organizing and conducting meetings and motivating others to do the same. As Vice President of the Edgewood Area Gunpowder Club, which meets on the first and third Mondays during lunchtime, I was able to speak confidently and offer constructive evaluation to newcomers of the organization.

Toastmasters has several levels for advancement. Newcomers are simply called Toastmasters or TMs. After completing a series of designed speeches from a manual, one advances from Competent Toastmaster or CTM to Advanced Toastmaster Bronze, ATM-B; Advanced Toastmaster Silver, ATM-S; Advanced Toastmaster Gold, ATM-G; and Distinguished Toastmaster - DTM. In addition, there is the Competent Leader or CL title. According to the chapter president, I obtained my ATM-B faster than anyone in Gunpowder's history.

While the training and speaking on a bi-weekly basis improved my confidence both professionally and personally, my greatest satisfaction comes from high-level competition. I won my first club-level competition on October 24, 1999 in the Humorous Speech category of the Area-24 contest. Area-24 consists of the following clubs: Gunpowder, Susquehanna, Harco and Fallston. Winners from each club competed against one another. My humorous speech was entitled "Witches," a funny tale about some witches I met at a witches convention I inadvertently stumbled into, and how I got involved with a beautiful witch - not knowing she was a real witch. People nearly fell off their chairs as I described my predicament. I advanced to District Level competition in Baltimore, Maryland and lost, but that didn't discourage me.

Since then, I have entered several other competitions, winning all but one of my club's contests and always finishing second in Area competition. I recently finished second in the Area-24 contest by giving a motivational speech. Unlike the "Witches" speech when everyone laughed their heads off, this speech had everyone in tears. That's the beauty of speaking. You speak from one extreme to the other. Not all, but most speeches are taken from personal experiences.

It's ironic because I played organized ball for 10 years and never won a trophy. In three years of Toastmasters competition, I won two trophies and two ribbons. My goal is to speak professionally as a stand-up comedian. Who knows, someday, I may be famous.

CIMS

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A Component Dashboard is now available that holds up to 18 components and allows the user to select the components displayed. Components provide summary data and access to larger data sources and applications. If a user alternates between several websites on a frequent basis, the dashboard provides flexibility and saves time. The dashboard can be accessed at: https://chppm-cims.apgea.army.mil/dashboard/. Components can be tailored to a specific group, such as a directorate or program, if several members of the group require access to a certain website on a frequent basis. To request the addition of a new component to the dashboard, send your request to Marcia.Wilmoth@apg.amedd.army.mil or click on Request New Component under the customize feature for instructions.

CHPPM's Organizational Day Picnic 2002

By: Linda D. Patrick

June 21, the first day of summer, a typical summer day and CHPPM's annual organizational day picnic with sporting events, children's and adult games, great food, fun-in-the sun and lots of excitement. The Deputy Chief of Staff for Information Management was responsible for hosting this annual event. Thanks goes out to Ms Shirley Macon and all the individuals assisting her fund raising efforts, which took place throughout the year. Fund raising events included: Sloppy Joe sale, Hot Dog sale, 3 Basket Bingos, raffles with prizes such as Longaberger Baskets, a DVD player, a PDA, and a Digital Camera, all of which generated enough money to offer early bird tickets at a discount prizes of $5.00 per person.

BG Bester thanked Macon and her committee members for a truly outstanding job organizing the "Best organizational day" he had attended in his 28 years of active duty. "I have never been to an organizational day that had so many offerings throughout the day and had something for every person in attendance to enjoy and participate in," said Bester.

The total attendance peaked at 800, which was a record high according to Macon. The theme was Ole Time Days mixed with red, white and blue décor (tablecloths, balloons, banners and signs). There were lots of games and fun for the children and adults such as: golf, volleyball, bocci ball, basketball, frisbee football, horseshoes, and paper airplanes. Also CHPPM's first picnic bingo, which was a huge success, a bakeoff, craft show, classis car show, video arcade, tattoos, clowns/face painting, fun walk/run, cotton candy, horse rides, monster truck moon bounce, baseball wheel of chance, froggy fly fling, duck pond, potato sack race, three legged race, water balloon toss, spin art and cotton candy, tug of war and trying to whack the pinata. There were prizes for the winners of each event.

Atlantic Caterers of Baltimore provided the food for the event. The weather was beautiful and most people stayed late. Ms Evelyn (Bell) Riley and Ms. Lovetta Britton, the White Elephant coordinators, wish to thank all the participants (donators and purchasers). Children took home free toys leftover from the sale.

The 359th Army Band provided entertainment; the Sweet Adelines added just the right touch with their songs and music. The clowns from Oak Grove Baptist Church provided balloons and face painting for all to enjoy.

A typical summer day in spite of the heat, all attending had a great day of sports events, games, good food, and socializing with co-workers, families and old friends.

A special thank you to all the committee members and volunteers not mentioned here for a very successful event.

Editor's note: Shirley Macon, DCSIM, provided information for this article.

Prizes for this year's events:

Horseshoe Tournament

1st Place:

Lunch for 2 at the Mountain View Restaurant
3-month free family membership at the Bel Air Athletic Club (2)
Horseshoe Paperweights (2) specially made

2nd place:

2-month free family membership at the Bel Air Athletic Club (2)
Horseshoe Paperweights (2)

3rd place:

1-month free family membership at the Bel Air Athletic Club (2)
Horseshoe Paperweights (2)

Volleyball Tournament:

A plaque engraved with the winning team's name for the volleyball tournament can be found in the Director's office.

Golf Tournament:

Individual prizes were giving in the golf tournament for closest to the pin in holds 5, 8, 4, and 6. A total of 24 Exton pro golf balls were giving to the winners.

Kids Games:

Prizes for the kids games included 100 pennants, sports balls and miscellaneous small prizes.

Bingo:

Bingo winners received toy cars, ambulances, dolls, jewelry sets, games, dinosaurs and toy soldiers.

Door prizes were Star Buck Coffee, (2) $50 gift certificates, Best Buy, Gift certificate for Cakes by Rita, (2) black and white T.V.'s, Blockbuster gift certificate, (6) passes to the Regal theater, (2) Eagle Mousepads, (6) plastic sports cups with "I Am Proud to be an American" or Maryland t-shirts, (2) Little Caeser Pizza Certificates and (2) passes to the Churchville Miniature Golf.

FEB Winners

(continued from page 11)

plan. Parker's energy and enthusiasm to continuous quality improvement extends beyond the DA and DOD into the local community. In 2001, she was certified as a Malcolm Baldrige National Quality Award Examiner. She is an active board member to the Association for Quality and Participation and has recently joined the American Society for Quality as the Section Publicity Chair. Parker excels in ensuring that ideas become operational.

Ms. Toni Christopher, administrative assistant, received the bronze award in the category of Outstanding Para-Professional-Administrative, Management & Specialist. Christopher serves as executive and personal staff assistant to the Commanding General of the Center and supports five subordinate commands. She demonstrates flawless execution of administrative duties while expertly performing the myriad of duties required to facilitate organizational coordination and integration of such a large complex organization. She serves as the liaison between the Command group and subordinate commands within the continental United States, as well as the European and Pacific Theaters, always obtaining a response or solution to all issues.

Christopher always seeks new efficiencies and novel ways to improve the organization's effectiveness. She has an uncanny ability to analyze problems and offer pragmatic solutions with tact and professionalism. She has often devised new administrative practices and guidelines, many of which have been adopted outside the command.

Through Christopher's unequalled execution of her duties, the seamless coordination of multiple preventive medicine efforts occurs. In a large measure, she is the glue that allows CHPPM to fulfill its mission of providing health promotion and preventive medicine leadership and services to achieve and sustain medical readiness and enhance the delivery of quality preventive health services world-wide.

Ms. Janet Silver, secretary, was awarded the bronze award in the category of Outstanding Clerical. As the secretary for the Toxicity Evaluation Program, providing services to a staff of 20 scientists and technicians, her work includes typing all official correspondence, tracking projects and ensuring all suspenses are met, maintaining a database for toxicology clearances and serving as the timekeeper for the Toxicology Directorate. She is also the coordinator for the CHPPM Animal Care and Use Committee. Silver is the ultimate professional secretary. She performs her work flawlessly, meets or exceeds all required suspenses and accomplishes all this with very little direct supervision. She is dedicated to mission completion and will go to great lengths to answer a client's question or put them in touch with the appropriate subject matter experts.

Silver performs her duties with a positive attitude. She is always willing to help anyone in this directorate as well as individuals in other groups within the Center. She was the primary coordinator of the directorate Consideration of Others Training program for over 2 years. Silver is currently serving as secretary for CHPPM's annual Force Health Protection Conference committee. This highly successful medical conference is the Army's largest professional medical meeting.

The impact of Silver's work is felt at a very high level. She has received the highest performance rating every year since 1991. She has been awarded numerous awards and recognitions and Commander's letters of appreciation for her support and dedication. Silver was a Secretary of the Year nominee in 2000 and awarded Secretary of the Year in 2001. Silver is the ultimate professional secretary.

LTC Laurie Cummings was awarded the bronze award in the category of Community Service. She has distinguished herself through her outstanding contributions in response to the terrorist attack of September 11th, 2001 at the Pentagon.

CHPPM was directed to deploy a Special Medical Augmentation Response Team-Preventive Medicine (SMART-PM) to assess potential radiological hazards, toxic vapor and follow-on air quality analysis at the Pentagon. Cummings volunteered and was designated

CHPPM's Team Leader for the Response Team, which assembled and arrived on-site at the Pentagon by 1pm that same day.

The mission of the SMART-PM Team was to conduct and evaluate acute health threats and transitioned to a systematic process to evaluate damaged Pentagon corridors and work areas. The purpose of this effort was to determine whether personnel working in the Pentagon were at risk in their work environment from health hazards associated with the aircraft disaster and subsequent fire.

Cummings's leadership and dedication enabled the SMART-PM Team to successfully complete its identified role for the response. She did an exceptional job of orchestrating all the details involved with getting the team established on-site to the Pentagon as well as ensuring the critical coordination with the multiple agencies and services' (FBI, USEPA, Washington Police Service, CDC, etc.) also responding.

CHPPM personnel on the team totaled 15; however, throughout the duration of support, the team grew to over 90 DOD personnel representing three services: Army, Navy and Air Force and the Uniformed Services University of the Health Sciences.

For the Pentagon response, Cummings was a key player, protecting the health of DOD workers and minimizing disruption of work as a result of the terrorist attack. Cummings is most worthy and deserving to be recognized for her honorable and unselfish service to her community and country. She reflects the resolve, patience and vigilance of America's military men and women, who have preserved peace the world over and helped to fulfill the nation's destiny.

AIHA VICE PRESIDENT

By: Evelyn B. Riley

Ms. Donna Doganiero, CIH, was elected vice president of the American Industrial Hygiene Association. She is the Director, Occupational Health Sciences at CHPPM. A member of AIHA since 1980, she has served the association in capacities including membership on the Executive Committee, Finance Committee, Products and Services Task Force and the Intersociety Credentialing Task Force. She has also served as the past director, secretary, treasurer and president of the Chesapeake Local Section of AIHA, as well as past secretary of the Washington-Baltimore Local Section of AIHA.

Doganiero holds a BA in biology from Rider College, New Jersey, an MS in human genetics from Rutgers University, New Jersey, and an MS in environmental health/industrial hygiene from Temple University, Philadelphia.

OUTSTANDING EMPLOYEES

By: Evelyn B. Riley

Three employees were recently honored in recognition of their demonstrated standard of performance that is a credit to both them and the Department of the Army. They each received a Quality Step Increase that is the highest monetary award presented by CHPPM. In order to receive a QSI, each had to exceed the expectation of their job description and performance plan on a continuous basis throughout the entire rating period. The names of these outstanding employees and a portion of their citations follow:

Jacqueline Owens was officially commended for outstanding performance to the Deputy for Technical Services. Her insightful mentorship of the CHPPM secretarial staff, as well as her willingness to assume the additional duties of the secretaries of the Commanding General and the Health Risk Communication Office for extended periods of time are specific examples of the "above and beyond" contributions provided.

Karlyn Hughes was officially commended for outstanding support to the Deployment Environmental Surveillance Program. During the rating period, the DESP coordinated the Pentagon response maintaining the sample database, coordination sampling efforts, supplying equipment and personnel, and compiling the final report. She was instrumental in providing the clerical and administrative support that allowed the project to be completed in record time and the work force at the Pentagon to safely return to their jobs.

Suaquita Perry was officially commended for outstanding support to the Health Risk Communcation Program. Her consistent high-quality review and editing of risk communication information during the days and weeks following the terrorist attacks and the anthrax scares, contributed to CHPPM being recognized as the primary risk communication support provider for the U.S. Army and DOD.

CHPPM wins the 2002 Award of Excellence

Army HEALTHWATCH, a health, fitness and preventive medicine television show produced by the CHPPM won the 2002 "Award of Excellence" from the National Association of Medical Communicators. The award is presented annually for the medical video program that most successfully impacts public health.

The presentation was made during the American Medical Association's Medical Communications and Health Reporting Conference. *HEALTHWATCH* was a runner-up in last year's competition, but this year won "hands down" according to Association President Dr. Harvey Ruben."

HEALTHWATCH competed against entries from seasoned civilian medical journalists. The judges were most impressed with the program's ability to address and inform service members about the unique problems they face - including Gulf War Illness, Depleted Uranium, variant Creutzfeld-Jakob disease, deployment medications and anthrax immunization", said Ruben. "In addition, information presented in the medical stories was reinforced by an excellent web site", Ruben added. Army HEALTHWATCH is sent on VHS tape to Army medical centers, community hospitals and clinics worldwide. It is also distributed to 700 cable and broadcast outlets in the United States.

Harvey Ruben, M.D. presents the 2002 "Award of Excellence" to CHPPM's Col. Paul Little, M.D.

SBLM Graduates

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Miles found the program to be an opportunity to learn about the functional details of the Army's mission, and says she is thankful for the opportunity to meet current Army leaders, to improve her leadership skills, and to learn more about how the army runs.

Particular honors for students at the completion of the course went to:

Hauschild, 1st Place, AMSC Alumni Association's Leadership Award for her organization of a 5K Fun Run for the Fort Belvoir community.

DeFrank, 2nd Place, Federal Managers Association Writing Contest for his essay on the Balanced Score Card.

Miles earned a Bronze award for physical fitness in the Physical Training Exercise (PT) program, which included participation in the SBLM Class 5K Run/Walk event.

Parker Appointed…

Ms. Sara Parker, Strategic Initiatives Office, CHPPM, has been appointed by Arden Bement, the Director of the National Institute of Standards and Technology, to the 2002 Board of Examiners for the Malcolm Baldrige National Quality Award. The award, created by public law in 1987, is the highest level of national recognition for performance excellence that a U.S. organization can receive.

As an examiner, Parker is responsible for reviewing and evaluating applications submitted for the Baldrige Award.

Editors note: Jan Kosko, NIST, Public and Business Affairs, provided information for this article.

Civilian Employee of the Quarter Award

2nd Quarter, FY02
Niki N. Jordan
Directorate of Epidemiology and Disease Surveillance

Ms. Nikki Jordan has been continuously involved with improving the awareness of CHPPM's work through poster presentations at major conferences. Her most recent accomplishment was a presentation of her analysis of the Pentagon Post Disaster Health Assessment Survey at the 42nd Navy Occupational Health and Preventive Medicine Workshop sponsored by the Navy Environmental Health Center, where she captured first place in the poster category. Jordan has presented posters in the last three months for work she has accomplished in other program areas as well as her own at conferences such as: The Centers for Disease Control and Prevention's International Conference on Emerging Infectious Diseases and the Recruit and Trainee Health Care Symposium.

Professional Associate Employee of the Quarter Award

2nd Quarter FY02
Daniele Bananto
Deputy Chief of Staff for Information Management

Ms. Daniele Bananto has consistently provided exceptional customer service to CHPPM through a wide variety of computer related training classes. The effectiveness of the training provided is greatly enhanced by her practical knowledge of information management practices and insights into CHPPM business processes. Most recently, Bananto has assumed a key role in the preparations for the Defense Travel System, which will be deployed in June 2002. Her efforts have contributed significantly to positioning CHPPM at the forefront in DTS preparations at Aberdeen Proving Ground, Maryland, and have provided CHPPM with valuable insights for Information Management and Information Technology planning and support within CHPPM.

Lovell Award

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BG William T. Bester, Commander, CHPPM, introduced the keynote speaker, Joel C. Gaydos, MD, MPH, Director, Public Health Practices, DOD Global Emergency Infections Surveillance and Response System, Silver Spring, Maryland. He said, "Dr. Weese's success in developing policies, guidelines, and standards for dealing with chemical warfare agents, airborne contaminants, and environmental pollutants that have stood up to critical peer review is a testimonial to her professional and technical ability. Her expertise in bringing diverse professional people from many organizations into an efficient, effective team reflects her outstanding leadership ability. People want to follow her. She has been elected by her peers to every major office in the Maryland College of Occupational and Environmental Medicine."

Dr. Weese, accepting the silver trophy, said, "CHPPM is really on the cutting edge of looking at health impacts to the Army. I am pleased to work with so many people who are experts in their area and work so hard. I just help people make decisions." She also thanked her children for letting her work even though it means, "I can't bake as many chocolate chip cookies," her mother, and her husband for his support throughout her career.

In Memory of

Dr. Maurice H. Weeks, former Chief of Toxicology Division and longtime AEHA/CHPPM scientist, passed away at the age of 80 on Sunday April 23, 2002. Dr. Weeks retired in 1995 after a 41-year career as a toxicologist and pharmacologist at the Edgewood Area of Aberdeen Proving Ground. He acted as an adviser to the Monsanto Chemical Company and attended meetings in Geneva of the World Health Organization as a Federal Government Consultant. A Bel Air resident since 1954, Weeks was born and raised in Germantown, New York. He earned a BS in biology from Union College in Schenectady, New York.

Dr. Weeks was a history buff and enjoyed collecting U.S. coins and gardening. He is survived by his wife of 53 years, June, who was mayor of Bel Air from 1976 to 1983; a son, Christopher H.C. Weeks, a Bel Air architect and writer; a daughter Mary R. Ranneberger of Bel Air; a sister, Gladys Miller of Columbia County, New York; two grandsons; and several nephews and nieces.

Dr. Weeks, “Maury”, a very unique individual known for his candor, will be missed by all who had the pleasure of knowing him.