



U.S. Army Center for Health Promotion and Preventive Medicine

The Sentinel

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Mr. Keith B. Hoddinott
2002 Master Consultant Award Recipient

(Article on page 7)



CHPPM-Main

5158 Blackhawk Road
Aberdeen Proving Ground, MD 21010-5403

To our readers: Because of cutbacks in printing, this may be your last printed copy of the *Sentinel*. Printed copies will still be available to those without access to a computer. If you are on our mailing list and have access to email, you will be able to view the next issue online. If you do not have access to a computer, and wish to continue receiving the *Sentinel* by mail, contact us at the above address or call 410-436-3254.

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Commentary

Leadership

By: LTC Laurie Cummings
Commander, CHPPM-North

When you think of the phrase, “leading the way” or “follow me” what comes to mind, infantry platoon leaders as depicted in the movie, “We Were Soldiers,” or the statue of “Iron Mike” at the Infantry School, Fort Benning, Georgia? Over the years, we have read books which highlight the concept of selfless service and the many tenets of strong military leadership.

During my recent tour of duty in Germany, I visited a number of World War I and II battle sites and monuments paying tribute to the selflessness of the men and women who participated, many paying the ultimate sacrifice. I always thought I understood the concept of duty pretty well. I have personally known many military leaders who “walk the talk,” leading by example and presence. Since 9/11, I have seen selflessness and sound leadership in a different light, in a different type of service member—our civilian service members.

Many people throughout the Department of Defense and the Nation hold a misconception that civilian service members generally work a typical 0730 to 1630 duty day, work no weekends, perform little to no overtime (without significant compensation), occupy desk jobs, are unable or unwilling to react to last-minute taskings, etc., etc. I used to think so myself. Recently, my perception has changed very dramatically. During the CHPPM response actions to the terrorist attack on the Pentagon, our civilians literally, “led the way” onsite and from the “rear.” Our personnel were collaborating with the Federal Bureau of Investigation, Federal Emergency Management Agency (better known as FEMA), Arlington County Emergency response personnel, Occupational Safety and Health Administration, and Military District of Washington obtaining critical information and conducting health threat assessments for emergency responders and Pentagon occupants. Because of the sensitivity of the Pentagon assessment and its importance, our civilians worked tirelessly, for countless hours, catching a couple of hours of sleep (some on office floors). They entered hazardous work areas—ensuring all “bases were covered,” the work technically sound, and the mission completely accomplished in as short a time as possible. I never heard anyone complain—except when a piece of equipment failed or some element of bureaucracy hindered the accomplishment of the mission. I received many comments from non-DOD first responders, consequence management agencies and the Pentagon leadership complimenting the focus and competence of our civilian service members and their tremendous work ethic.

I see selflessness and key leadership demonstrated daily at Fort Meade, Maryland as our staff processes thousands of disease vectors and conducts health threat assessments and training for activities located throughout the U.S.—working late nights and weekends while maintaining a positive outlook with little discussion about compensation. The passion our civilian service members show toward protecting the health of the military population is distinguished, to say the least.

General Eric Shinseki, Army Chief of Staff, speaks frequently of “America’s Army, placing soldiers *on point* in a dangerous world because they are the surest signs of commitment to the Nation—persuasive in peace and invincible in war.” We all wholeheartedly agree. I believe civilian service members demonstrate an equitable level of commitment and are now, more than ever, integrated into The Army—with a “oneness” of purpose. As we continue to argue which positions within Combat Support and Combat Service Support need to remain military, the argument that military members are best suited to fulfill a particular specialty because our civilian workforce would not work long hours, live and work under austere conditions, or be able to respond to rapidly changing missions, no longer holds much credence.

Our readiness and ability to successfully accomplish the Army’s mission is inextricably linked to our civilian workforce who is as willing to forego comfort, face hardship and sacrifice, and confront danger and sometimes death in defense of the Nation, and who is equitable to our military members.

Military News

ARRIVALS

PV2 Nicole Back – DOHS
 MAJ Michael Bell – DCPM
 LTC James Boles – DTOX
 SFC Jerry Beatty – DCSOPS
 1LT John Bradford – CHPPM-Pacific
 PFC Brooke Bowling – CHPPM-Pacific
 MAJ David Cervantes – CHPPM-Pacific
 LTC John Ciesla – DOHS
 CPT Donald Crady – CHPPM-Pacific
 CPT Justin Curry – DHPW
 1LT Tanya Garcia – DCSOPS
 MAJ Susan Goodwin – DTOX
 1LT Michael Hiatt – CHPPM-Europe
 COL Christine Inouye – DHPW
 MAJ Samuel Jang – DEDS
 SGT Curtis Legette – DOHS
 MAJ Timothy Lobner – DEDS
 Cadet Rob Nahabedian – DEHE
 LTC Mark Lovell – CHPPM-Europe
 MAJ Monica O'Guinn – CHPPM-Pacific
 2LT Bryan Rudyk – DEHE
 LTC Ronald Smith (Chaplain) – DHPW
 SGM David Vreeland – OCO

AWARDS/RECOGNITIONS

Army Achievement Medal

LTC(P) Bruno Petruccelli – DEDS
 SPC Jans Williams – DLS
 SPC Philip Lucksavage – DLS
 LTC Robert Mott – DEDS
 MSG Mark Kenyon – DEDS

Army Commendation Medal

CPT Thomas Timmes – DEHE

DEPARTURES

SGT Tamra Barker – HHC
 LTC Linda Bowden – CHPPM-Pacific
 LTC Roxanne Baumgartner – DLS
 LTC Gregory Black – DHPW
 LTC John Campbell – POPM
 SGM Brian Carter – OCO
 CPT Michael Desena – DOHS
 COL George Dydek – DEDS
 LTC Joan Eitzen – CHPPM-Pacific
 SPC Marshelle Fisher – CHPPM-Pacific
 MAJ Newton Foster – DLS
 LTC Deborah Hastings – DEDS
 SSG Tony Hemphill – DCSOPS
 COL Ross Leclair – CHPPM-Pacific
 SSG Joel Marcum – CHPPM-Pacific
 CPT Anthony Schuster – CHPPM-Pacific
 MAJ Aziz Qabar – DLS

The Surgeon General's Excalibur Award

MSG Mark Kenyon – DEDS

Certificate of Appreciation

Office Secretary of Defense/Health Affairs

LTC Christine Scott – DOEM

Promotions

2LT Sidney Cobb to CPT
 LTC Christine Inouye to COL
 SFC Mark Kenyon to MSG
 MAJ Sharon Reese to LTC

Certificates of Appreciation CHPPM Picnic Committee

SFC Jennifer Brown – DHPW
 MAJ Anthony Cox – DHPW
 CPT Scott Newkirk – DCSOPS
 CPT Art Onwan – DOHS
 CW3 Robert Ralyea – DCSOPS
 LTC Christine Scott – DOEM
 1LT Alison Winstead – DOHS

Civilian News

ARRIVALS

Lorraine Bell – DCSOPS
Zachary Chadwick – DLS
Christina Digiulio – DLS
Regina Fax – DLS
Marie Gaizick – DHRM
Rachel Gross – DCSOPS
Ethel Kefauver – DCSIM
Denise McMillin – DCSR
Alie Muneer – DTOX
Brian Paulus – DTOX
Amish Shah – DEDS
Paul Strohecker – CHPPM-North
Brandolyn Thran – DHRM
Felix Udasco – CHPPM-Pacific
Ronny Vardaman – CHPPM-Europe
Lillian Dasko-Vincent – DLS
William Whiteford – DEHE

Commander's Award for Civilian Service

Debra Breindel – DEHE
Leeann Domanico – DCPM
Norman Pospisil – DCSIM
William Smithson – DEHE

Performance Awards

Neoma Amberman – DCPM
Glenn Berckman – CHPPM-North
Donald Ciliax – DCPM
Deborah Contreras – CHPPM-North
Leeann Domanico – DCPM
Laveda Durbin – DCPM
Connie Eanes – DCPM
Barbara Hillstrom – DCPM
Terrence Lee – DCPM
Karl Neidhardt – CHPPM-North
Douglas Ohlin – DCPM
Cindy Orwig – DCPM
Ben Pagac – CHPPM-North
Felix Sachs – DCPM

DEPARTURES

Timothy Attig – DEHE
Robert Booze – DEHE
Kimberly Broderick – DLS
Mary Cheek – DOHS
Jennifer Filippelli – DEHE
Maria Garrett – DOHS
Wayne Gokey – CHPPM-Europe
Charley Goodman – CHPPM-Pacific
Antje Lowry – CHPPM-North
Sharon Rhew – CHPPM-Europe
Matthew Robinson – DEHE
Kevin Russell – DEHE
Christopher Schammel – DHRM
Xavier Stallings – DHRM
Mary Criss Tillotson – CHPPM-South
Jennifer Woodie – DOHS

Achievement Counts Program

David Collins – DOHS
Carlla Jones – DHPW
Lisa Laurie – DCSR
Geraldine Miles – DLS
Patrick Moscato – DOHS
Jeffrey Pfoutz – DOHS

Service Certificate & Pin

George Bruce – DCSIM, 30-yr
Donald Ciliax – DCPM, 10-yr
Claudia Coleman – DCSIM, 30-yr
Connie Eanes – DCPM, 20-yr
Thomas Helfer – DCPM, 15-yr
Blaine Plummer – DCSIM, 30-yr
Howard Vinopal – DLS, 30-yr

Certificates of Appreciation CHPPM Picnic Committee

Angie Conlon – DEHE
Margie Decker – DCSR
Anne Gibson – DCSIM
Nikki Jordan – DEDS
Victoria Little – DCSIM
Shirley Macon – DCSIM
Thomas Meckelnburg – DEHE
Blaine Plummer – DCSIM
Norman Pospisil – DCSIM
Karen Steiger – DCSIM
Brandolyn Thran – DHRM
Paul Wilson – DCSLOG

Re-enlistment

SGT Jacques Acloque reenlisted for another 3 years in his current Military Occupational Skill of 76J, Medical Supply. As a reenlistment bonus, Acloque will get 1-year stabilization here at CHPPM and a 6-month school option. This will allow him to go to college for up to 17 hours a week for a period of 6 months. Acloque resides at Aberdeen Proving Ground, Maryland, with his wife Latanya and two children, Elijah and Michaelle.



Combined Federal Campaign

The 2002 Combined Federal Campaign begins September 30 and runs through November 15.

Since 1961 Federal employees have helped bridge the hearts of Americans through CFC contributions. All federal employees, contractors, and others may contribute to CFC. On average, eight cents of each dollar goes toward CDC administration and fund raising. This includes campaign planning, budgeting, auditing, and assistance to more than 2,500 charitable organizations.

In 2001, more than 90 percent of CFC Funds were raised through payroll deductions. Payroll deduction spreads contribution across the entire year. Deductions begin the first pay period on January 2003. The minimum suggested payroll deduction for military personnel is \$2 per month and \$1.50 per pay period for civilian employees.

CFC key personnel are being assigned to each organization. If your organization, agency, or unit's CFC key worker has not contacted you by October 14, please contact your CFC office. The choice is yours.



(Editor's note: Information was obtained from an article by John Belcher, Chairperson, 2002 CFC provided information.)

Recruit Statistics Improve Over 2001

Not only did the Army meet its recruiting goals early this year, but the quality of recruits improved over the previous year.

The Army announced it has met its 2002 recruiting goals for 79,500 new soldiers for the active Army and 28,825 for the Army Reserve in a Pentagon ceremony in August.

This year's recruiting goal for high school graduates was 90 percent. About 91.3 percent of this year's recruits have a high school diploma, compared to 90.2 percent last year.

Against a goal of having at least 62.5 percent scoring in the top half on the Armed Service Vocational Aptitude Battery for the active Army, 68.2 percent hit or surpassed the mark this year, compared to 63.2 percent in 2001. Conversely, against a goal of having no more than 2 percent with the lowest acceptable ASVAB score, also known as CAT IV, only 1.37 percent of active-Army recruits made it into the Army's ranks this year. In 2001, the active-Army recruit pool included 1.90 percent of CAT IV soldiers.

For the Army Reserve, 95.7 percent had high school diplomas, 69.2 percent scored in the top half of the ASVAB and .6 percent was CAT IV. No 2001 Reserve statistics for these categories were immediately available.

The average age for the active-Army recruit this year was 21. In the Army Reserve, it was 23.1 years.

In the 2002 active-Army recruit pool, 79.4 percent were male, 20.6 female; 65.1 percent were white, 17.5 percent black, 12.8 percent Hispanic and 4.6 other.

In this year's Reserve recruit pool, 69.5 percent were male, 30.5 female; 60.8 percent were white, 20.7 black, 13.1 Hispanic and 5.4 other.

(Editor's note: Information was obtained from an article by Joe Burlas, Army News Service.)



Hoddinot Becomes A Master Consultant

By: Evelyn B. Riley-Hess



On July 8, CHPPM honored Keith B. Hoddinott with the designation “Master Consultant” acknowledging that he possesses exceptional technical acumen and is recognized by his peers for the highest level of expertise in the areas of health promotion and preventive medicine.

A Master Consultant Program was established at the U.S. Army Center for Health Promotion and Preventive Medicine in 1989. It designates those employees who have been recognized within the Army, the nation, and internationally as outstanding scientific and technical professionals.

Nominees must be at least a GS-12 scientist or engineer, have appropriate academic and professional credentials, be well published, and meet other specific criteria.

Hoddinott, Environmental Scientist, Directorate of Health Risk Management, is recognized for his sustained high-level contributions and personal impact in soil science. He has a MS from Cornell University, New York; a BS from the University of Connecticut; State of Maryland Nutrient Management Certificate and License; and Soil Scientist Certification, American Registry of Certified

Professionals in Agronomy, Crops, and Soils.

David Daughdrill, Program Manager, Environmental Health Risk Assessment said, “I think this recognition is one of the most important and prestigious awards that CHPPM can give because it focuses on what makes CHPPM great - quality work by highly experienced people with outstanding expertise. That’s exactly why Keith was selected as a Master Consultant. He has a tremendous track record of sound work and is an acknowledged expert in his field.”

He serves as a technical consultant in the geology, ecology, and chemistry of soil, statistics, and risk assessments; and as a project team leader planning and executing projects of broad scope to determine the impact of military activities on human health and environmental quality. He develops and reviews standards for physical analysis of soil and risk assessment and provides guidance on these standards. He serves as an Office of The Surgeon General representative and liaison to national scientific and other committees and as a member of installation appointed committees dealing with technical issues of environmental and restoration for active and base closure posts and bases.

Hoddinott made significant contributions in soil science that, in many cases, have resulted in cost savings for the Government and provided economical protection of health and the environment. Especially noteworthy is his involvement with the American Society of Testing and Materials since 1981 where he has chaired a variety of subcommittees, initiated activities that expanded the scope of ASTM, and now sits on the executive committee for standards involving soil and rock. As part of this involvement, he has received various awards culminating with being named both an Honorary Member and a Societal Fellow. He said, “Since this position is usually thought of as being a part of the engineering field, this recognizes the versatility of soil science outside of its impact in agriculture.”

Hoddinott and his wife, Barbara, run a small vegetable farm in Street, Maryland with Merlin, their Australian shepherd. He is active in the local Methodist church and is a part of the Silver Eagle Cloggers.

MASTER
M CONSULTANT
CAWARD

New Faces



Valarie Jefferson is the secretary for Support and Health Information Operations, Deputy Chief of Staff for Operations. She has 21 years of Federal service and prior to CHPPM, she worked at U.S. Army Garrison, Directorate of Resource Management, Aberdeen Proving Ground, Maryland.

Jefferson is currently pursuing her degree in Office Systems/Computers at Harford Community College.

She has three lovely daughters Olympia, 19; Marisa, 15; and Tia 12. She is very involved with her church activities and directs choirs and praise teams. Jefferson enjoys reading, singing, travel and meeting people. "I've been told I'm a social butterfly," said Jefferson.



Desmond Bannon, Ph.D., joins the Health Effects Research Program as a Toxicologist, for the Directorate of Toxicology. His doctoral work, on intestinal lead transport, was completed at Johns Hopkins Bloomberg School of Public Health. Prior to that, he spent 11 years with the Lead Poisoning Program of the Kennedy Krieger Institute in Baltimore.

Bannon, originally from Ireland but now a US citizen, lives in Baltimore with his wife, Adrienne, and son, Liam.



Zachary Chadwick joins the Directorate of Laboratory Sciences as a physical science technician for the Metals Team of the Analytical Spectrometry Division. Chadwick graduated with honors from Washington College in May with a BS in Biology and minor in Chemistry. He worked previously for the Metals Team and the Environmental Noise Program as

an ORISE participant. Chadwick is a huge hockey fan and also enjoys exercising, reading, and watching movies. He is getting married in November to Crystal Doucette, also a CHPPM employee, who works for the Surface Water and Wastewater Program.



CPT Roberto Esteban Marin joins the Injury Control Program, Directorate of Epidemiology & Disease Surveillance. Marin is an Army Medical Specialist Corps Officer and the first active duty Physician Assistant to be assigned to CHPPM. Marin is presently a third year doctoral student in Health Care Education, with an emphasis in Health

Promotion and Injury Prevention. He holds a Masters degree in PA studies - specialization in Family Medicine, a BS degree in PA studies, a BS in Social Psychology, and an AS in Laboratory Studies as a Medical Laboratory Technician.

Marin is currently certified to practice by the National Commission on Certification of PA's and holds NCCPA special recognition in Surgery. He enjoys instructing medics and holds instructor certification in Basic Life Support, Basic Trauma Life Support, and Advanced Cardiac Life Support. He is current as a Pediatric Advanced Life Support provider and is Advanced Trauma Life Support trained. Because he maintains his laboratory certification, he is able to perform laboratory tests and treat patients.

Marin enjoys giving back to the community by using his PA skills. Treating the underprivileged has exposed him to patients with some interesting infectious diseases that medical practitioners in the U.S. see only rarely or not at all, such as intestinal tuberculosis, Korean Hemorrhagic Fever, and malaria.

You'll know him by his signature greeting "Que Pasa!"



Regina Fax is a laboratory assistant in the Analytical Spectrometry Division for the Directorate of Laboratory Sciences. Before joining CHPPM she worked for Security Forces on Edgewood on and off for about seven years before leaving government service. She has also worked for Frito-Lay in Aberdeen but decided to return to government service, after seeing how the other side works

and has decided to stay with the government until retirement. She is looking forward to be a growing part of the CHPPM family.



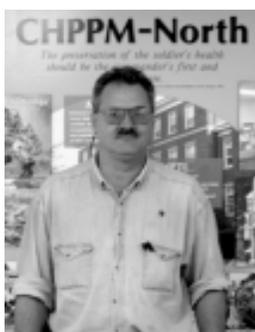
2LT Bryan Rudyk, is an Environmental Science Officer currently assigned to the Directorate of Environmental Health Engineering, Air Quality Surveillance Program as the Field Water Project Manager. Prior to joining CHPPM he was an Instructor / Writer and Battalion Operations Noncommissioned officer for the 18D Special Forces Medical

Sergeants Course at Fort Bragg, North Carolina. He is prior enlisted with over 12 years of active federal service, 7 of which were at Fort Bragg. This is Rudyk's second tour serving with CHPPM, the first being with DSA-North working as a Preventive Medicine NCO for both the Entomological Sciences and Industrial Hygiene divisions.



Kenneth Hilton is an Industrial Hygiene Technician working in the Industrial Hygiene Division at CHPPM-North. Prior to arriving at CHPPM-North, Hilton was the Environmental Coordinator and Radiation Protection Officer at Kimbrough Ambulatory Care Center, Fort Meade, Maryland. He is a retired 91S with assignments in

Germany, Virginia, Panama, and Turkey. He lives with his wife, Heather in Bel Air, Maryland.



Paul Strohecker is an ORISE Entomological Sciences Research Appointee working in the West Nile Virus Surveillance Program of the CHPPM-North Entomological Sciences Division. After earning his BS in Chemistry, Paul spent several years as a research chemist in the polymer industry. Strohecker is a Board Certified Entomologist, and

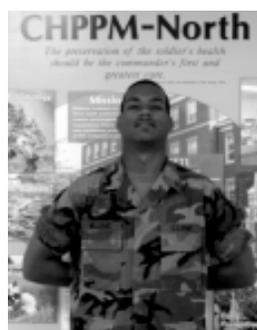
comes to CHPPM-North from the pesticide development industry. He is one of eight children, and he enjoys a variety of outdoor and cultural activities.

Welcome



CPT Jacqueline R. Smalls is an Environmental Science Officer, 72D working in the Field Preventive Medicine Division, CHPPM-North. Prior to arriving at North, Smalls was assigned to 25th Infantry Division, Schofield Barracks, Hawaii as the Division ESO and Tripler Army Medical Center, Hawaii as the ESO for Environmental Health Section of the

Department of Preventive Medicine. She resides in Laurel with husband CPT Corey Smalls, and their 3-month old son, Colin.



PFC Cory D. Williams is a Preventive Medicine Technician with the Entomology Division at CHPPM-North. Williams, originally from Baltimore, Maryland entered active duty in October 2000. Following completion of AIT as a preventive medicine technician, he was assigned to the 5th Preventive Medicine Detachment, Preventive Medicine

(Entomology) in Yongsan, Korea. During his tour in Korea, he was involved in operating the Water Testing Lab, Rodent Surveys, Mosquito Surveys and general preventive medicine support to U.S. Forces in Korea. In addition, he is taking college courses at the University of Maryland with the intent of obtaining a BS degree in Psychology. He enjoys music and spending time watching and playing football. His assignment to Fort Meade has been a real plus...being in close proximity to relatives and Ravens Football.



Frances Ellison is a Laboratory Technician in the Entomological Sciences Division at CHPPM-North. She recently graduated from the University of Maryland with a BS in Behavior, Ecology, Evolution and Systematics. She is also a volunteer at the National Zoo, where she keeps track of the zoo's

free-ranging golden lion tamarins.

Summer Experience

By: Matt Runyon, Summer-hire
Directorate of Laboratory Sciences



Well, it's the end of another summer here in CHPPM. School is just around the corner, and I, along with many ORISE employees, am preparing for a grueling fall semester of studies. As my time here in the Sample Management Laboratory draws to a close, I look back on all of the experiences I have had working for Gerri Miles this year. I learned many things about the everyday operations of a laboratory, and the mad scramble about the lab when a dozen coolers of samples are received half-hour before close of business! I learned first hand about the research and hard work necessary to create a new Standing Operating Procedure, in this case for the implementation of the use of infrared thermometers in the Sample Management Lab. I also learned a lot about the vast amount of teamwork and coordination it takes for a top priority-sampling project to go smoothly. Through it all, the good people in the Sample Management Lab and in the Directorate of Laboratory Sciences have supported me. I am uncertain what next summer will bring, as I will be beginning my medical studies at college this year. I have enjoyed working for CHPPM, and am very grateful for the new experiences and opportunities that came with the job. Again, thank you to everyone, military and civilian alike, and I wish you all the best.

Installation Watch Card

Awareness is key! Everyone is a sensor.

Do observe and report:

- Unusual questions or request for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around the installation.
- Unusual phone calls, messages, or e-mails.
- Unusual aerial activity near or around installation.
- Any possible compromise of sensitive information.

Do not:

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss force protection measures, capabilities or posture.
- Disclose any information related to unit deployments.

Report any suspicious activity immediately to the Police.

Your call may save lives.

Women's Equality Day

The Aberdeen Proving Ground Women's Equality Day awards ceremony was held on August 14 at the Top of the Bay. Mr. Blaine Plummer, Deputy Chief of Staff for Information Management, accepted the certificate for CHPPM, which was nominated and acknowledged as an "Activity Most Supportive of the Federal Women's Program." Ms. Linda Patrick was presented the "Outstanding Woman of the Year" award by MG John Doesburg, APG Post Commander.



Patrick is a Technical Publications Writer-Editor in the Publications Management Division. She also serves as CHPPM's Equal Employment Opportunity Coordinator, a collateral duty. Anne Gibson, Chief, Publications Management Division, said, "Linda is dedicated to helping women thrive and achieve their career goals. She offers encouragement to others as she continues her own education and serves as an example to many of her peers. I offer her my own congratulations. I know she will work hard to climb the ladder of success. My hat is off to her."

Patrick has coordinated speakers and programs for activities such as Bring Your Child to Work Day, National Women's History Month, and Women's Equality Day. Her sustained efforts have helped to eliminate barriers impeding the progress of women, ensured full representation at senior levels, and highlighted women's contributions to America. She assisted with monthly EEO observances; communicated with other EEO representatives; and worked closely with the command staff to ensure adherence to EEO requirements.

Her communication with command staff has increased awareness of issues affecting women and enhanced training/employment opportunities. She strived to increase visibility and support of the Federal Women's Program within CHPPM through her recruitment efforts and solicitation of volunteers. Her spirit, initiative, and motivation as a champion for women

and minorities have helped to maximize opportunities for women and gain recognition for their accomplishments.

Patrick wants all to know that the FWP is a wonderful program doing great things for women in the Federal government throughout the year. "It is an honor to be nominated and a privilege to be named Outstanding Woman of the Year for 2002," said Patrick. "I didn't think they gave awards to pushy people." Patrick is considered pushy in the office, because she is always pushing some event for FWP or the Special Emphasis Programs. She feels she's a little more assertive than others, but that comes with the 22-plus years spent in the military with her husband, Greg.

Patrick wants to thank her husband Greg and their kids, Marcus, Gregory and Ebony for their support and encouragement. She thanks CHPPM for its continuing support of FWP year after year and her co-workers for nominating her, but most importantly she thanks them for letting her be herself.



CHPPM-West FTX “Operation Thunder Shield”

Dedicated to the Professional Soldiers and Civilians of CHPPM-West

By: LTC Thomas J. Little,
Commander, CHPPM-West

Several months ago, the soldiers of the CHPPM-West collectively accepted the challenge to conduct a field training exercise referred to as “Operation Thunder Shield.” This would unquestionably be a challenge for a Table of Distribution and Allowances organization to rise to perform the field training and operations typically associated with a Tables of Organization and Equipment unit. A challenge but not insurmountable for soldiers and an organization dedicated to rising above obstacles to successfully meet mission objectives. The vision began with the realization that to develop professional diversity and readiness capability as a preventive medicine asset, one must engage and be familiar with both field and garrison preventive medicine countermeasures to promote the health and well being of the warfighter, family members and civilians. Therefore, the primary objective of this 4-day FTX was to train CHPPM-West soldiers to be as proficient in the field environment as they are in garrison using their preventive medicine arsenal of high-technological equipment and intellect to address an array of complex field oriented training scenarios.

Preparation for OTS began with bi-weekly practical and didactic classroom training on topics encompassing the various disciplines of preventive medicine. These topics included soil sampling strategies, mosquito surveillance techniques and procedures, air analysis and monitoring procedures, and field water assessment techniques. This training provided an opportunity for CHPPM-West soldiers to enhance their familiarization with equipment and knowledge that would be

required for use in the FTX scenarios. Additionally, the training reduced the amount of training required during the actual FTX. Therefore, the soldiers were able to capitalize and focus on implementing their acquired classroom knowledge in the field environment with minimal preparatory training distracters.

1LT Brenda Rudyk served as the Action Officer for OTS. Her motivation and enthusiasm permeated throughout the Command as CHPPM-West embarked on its first historical unit FTX conducted at Fort Lewis. The FTX kicked-off with an 0500 alert notification requiring all soldiers to report to the CHPPM-West building facility for initial staging procedures, safety briefings, instructions and subsequent departure to the FTX site. For many soldiers, this was their first exposure in many years to only a few of the realities that they would confront in a TO&E field environment. Setting-up tentage, conducting land navigation, and negotiating a 19-event obstacle course proved challenging and reminded us all that we must not only sustain competency in our military occupational skills, but in all the endeavors that make us well-rounded soldiers able to fully perform our mission whenever and wherever duty calls. Eating Meals Ready-to-Eat better known as MREs and even using porta-potties brought the unit closer to the experiences often forgotten when garrison missions are the norm and are not complimented by exposure to the field environment.

Many lessons were learned, but the overall consensus was that the exercise contributed to valuable proficiency learning experiences, cross-training opportunities, enhanced unit esprit



CHPPM-West “Unit Photo” before FTX.



1LT Brenda Rudyk addresses morning formation.

de corps, and strengthened the concepts associated with team building. To capture the spirit of the moment, a unit BBQ was organized and planned at the end of the FTX. Civilian personnel joined the soldiers of CHPPM-West to celebrate the successful and safe completion of a memorable and historical event.

As the Commander for this great organization, I am privileged and blessed to serve with and lead some of the most professional military and civilian personnel within the force structure of the Army. They embraced a vision and made it a reality through unwavering loyalty and unsurpassed commitment that can rival the best of the best. I graciously thank them all for their daily support and efforts that have not only contributed to the success of the FTX, but to all of our initiatives that have established the unit as one of the elite subordinate Commands under the umbrella of CHPPM-Main.



Civilian personnel join military for BBQ at the conclusion of the FTX

MAJ William Sames, Division Chief, Entomology Sciences Division, is testing the land navigation equipment during FTX.



CHPPM Cyclers Join the Sea Gull Century Ride

By: Arthur Lee

Directorate of Health Risk Management

Seven cyclists associated with CHPPM will be riding in the Sea Gull Century this October 12th. Lorin Friedman, Office of the Commander; Art Lee, Directorate of Health Risk Management; Mike McDevitt, Directorate of Occupational Health Sciences; John Pentikis, Directorate of Occupational Health Sciences; John Resta and Warren Wortman, Directorate of Health Risk Management; and Jeff Springer (formerly from DEHE), have signed up for the ride. The fairly flat, 100-mile course starts at Salisbury University in Maryland. The course winds its way through the Eastern Shore of Maryland to Assateague Island, where the only major hill (the bridge into Assateague) is encountered around mile 60. The ride is limited to 6,000 participants and there is a Metric Century (62 miles) for those who prefer a shorter course.

Rest stops are strategically placed about every 20 miles along the 100-mile route. At the first rest stop, riders are serenaded by a stringed quartet and are served fresh fruits, bagels and sports drinks. The second stop is just a water and bathroom break. The third rest stop is on Assateague Island. Riders with enough energy can hop into the ocean or stock up on calories from homemade baked goods. Occasionally, a wild horse will browse around the crowd looking for a handout. At the fourth rest stop, riders are entertained by a rock band and fed ice cream and pie. Many riders catch a quick power nap here before attacking the last 17 miles of the course. Local bike shops provide mobile repair vehicles at the rest stops to perform emergency repairs.

Friedman has ridden in the Sea Gull Century for the past 2 years on a bike he purchased for \$10 at a yard sale 15 years ago. "If I can finish this ride on this old bike without having to dress up in lycra and still have a great time, anyone can do it!"

Lee completed the two previous Sea Gull Century rides using a recumbent bike. "It's a comfort issue. My colleagues harass me for riding a 'lawn chair,'

but by the end of the ride, I don't hurt where they hurt." The recumbent bike seat does resemble a lawn chair with webbed backing. "I always have a place to sit at the rest stops!" To get ready for the Sea Gull, he switches between riding a mountain bike and the recumbent. "I prefer to ride the mountain bike on roads where there will be a lot of auto traffic. I'm not as low to the ground, which improves my visibility."

McDevitt will be a first time rider at the Sea Gull Century this year. He has participated in sprint triathalons (1-mile swim, 30-mile bike, and 10k run) in the past and has always enjoyed the bike riding part. "I was camping at Assateague one year and I saw the Sea Gull Century riders roll through the area. It looked like a lot of fun." Just recently, McDevitt has been riding with Pentikis during lunch.

Pentikis rode with his wife in the Sea Gull Century for the first time last year. "She turned 35 and wanted to do something that was validating. I came along for support." Pentikis did not know anyone else from CHPPM was going to be in the ride last year but quickly met up with several of them during the first 20 miles. "I have not ridden seriously since the Sea Gull last October, so I will be starting my training now."

Resta has completed four Sea Gull Century rides. "Riding is a great stress reliever," says Resta. "Usually the weather is perfect for the Sea Gull Century, cool mornings, warm days, no rain." Occasionally, you can see Resta riding his "fixed gear" bike around the Edgewood Area during lunchtime. As the name implies, fixed gear means that there is only one gear. This type of bike requires more skill to ride than a multi-

geared bike because the rider has to constantly crank the pedals and cannot coast. "It took a bit to get used to, especially rounding corners and coming to a stop."

Springer recently retired from the Army and is working for Home Engineering at the Army Environmental Center at Edgewood. He has completed five Sea Gull rides. Springer rides a



(l to r) Lorin Friedman, Jeff Springer, John Resta and Art Lee at 2001 Sea Gull Century

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Exceeding Expectations = QSI

By: Evelyn B. Riley-Hess

Dr. Gunda Reddy was honored in recognition of his demonstrated standard of performance that is a credit to both him and the Department of the Army. He received a Quality Step Increase that is the highest monetary award presented by CHPPM from Glenn Leach and BG William Bester. In order to receive a QSI, he had to exceed the expectations of his job description and performance plan on a continuous basis throughout the entire rating period.

Reddy is a research toxicologist in the Health Effects Research Program, Toxicology Directorate. He is one of the foremost experts in the field of metabolism and the biochemical effects of Army pollutants. He has published over 100 peer-reviewed articles. His work in better defining the toxicity of trinitrobenzene resulted in a new reference dose (RfD) 600 fold higher than the previous. The new RfD saved the Army millions in cleanup costs at a single Army Ammunition Plant and will yield similar savings in future remediations. He developed and standardized novel methods for health risk assessments of lead and the ammunition chemical RDX. When asked to redirect a portion of his efforts to assist in evaluating the dermal absorption of Army compounds, he set up a laboratory. Within 3 months, he built and standardized an excellent flow-through system for assessment of dermal absorption of chemicals. Before this, there were almost no dermal absorption values suitable for use in risk assessments and in the absence of dermal absorption data, default values were being used that were inaccurate in predicting risk. Because of the high level of uncertainty, use of these default values yielded overly conservative cleanup goals and excessive costs to the Army in cleanup actions.

Reddy also studied the effects of pollutant compounds on wildlife. He received scientific notoriety for his work on the effects of TNT on drug metabolizing enzymes and the glutathione antioxidant system in birds and rodents. He manages an in-house research laboratory, mentors students, and manages extramural research with universities and contract laboratories. His work on munitions in mammals is extensively used in risk assessments as a biomarker of exposure. He is the principal investigator in the review of the toxicity data on thiodiglycol, and the other degradation products of sulfur mustard and has developed RfD that is currently under review. His technical expertise and knowledge far exceeds his job description and performance plan.



Congratulations CHPPM-South



Ms. Erin Stanwix, Ms. Jeonifer Garren, and CPT Darryl Forest of the Entomological Sciences Division, CHPPM-South proudly display their Mosquito Surveillance poster, which was recognized by BG Bester at the closing session of the Force Health Protection Conference.

CHPPM Visits Hogwarts

By: MAJ Beverly Crosby and MAJ Sonya Corum
Directorate of Health Promotion and Wellness

What do you get when you throw in a dash of magic, great people, a smidgen of creativity and plenty of food? The July Hail and Farewell!

On July 26 the Gunpowder Club became the Grand Hall at the Hogwarts School of Wizardry for a summer feast to welcome new CHPPM team members and bid a fond farewell to those who were leaving CHPPM. The evening was kicked off with BG William Bester and COL Gemryl Samuels welcoming everyone to Hogwarts. Besides the Directors' hails and farewells, the Directorate of Health Promotion and Wellness, the host for the event, provided some fun activities throughout the evening.

Upon arrival, guests selected the House that they wanted to sit in for the evening - Slytherin, Ravenclaw, Hufflepuff or Gryfindor. Harry Potter eyeglasses were placed at each place setting, and wizard bears and wizard hats decorated the tables. This set the stage for a little friendly competition during the Harry Potter Trivia game. From the tight game, CHPPM has a number of Harry Potter readers, but Ravenclaw managed to pull away and take the house cup. The children had the opportunity to catch the Golden Snitch that kept flying through the air during the trivia game. The evening's festivities included a buffet of meats and cheeses, side dishes, fruit salads, chips, and even cupcakes topped with none other than Bertie Bott's Beans.

DHPW staff and guests also took on the appearance of Harry Potter characters in decorated capes and the ever-familiar Harry Potter glasses, but the Ladetke Family and MSG Carpenter took home the prizes for best costume. Random drawings for door prizes were held throughout the evening that included a dozen Harry Potter wizard bears, wizard hats, a Harry Potter book, mouse pad/desk set, movie passes, and video rentals.

Thanks to all those who joined in that evening for a dash of magic, great people, a smidgen of creativity and plenty of food. It was truly a magical, mystical evening and fun was had by one and all. I cannot encourage you enough to support your organization in these functions. It's a wonderful opportunity to get to know members of the CHPPM family, show the esprit de corps of the organization to new personnel, and to let departing friends know they will be missed.

CHPPM hailed COL Christine Inouye, LTC John Ciesla, LTC (Chaplain) Ron Smith, CPT Phillip Cosby, CPT Roberto Marin, 1LT Joseph Hout, 2LT Nicole Zuenz, SGM David Vreeland, Cadet Rob Nahabedian, Dr. Desmond Bannon, Dr. Bruce Jones, Mr. Zachary Chadwick, Mr. Salima Darakjy, Ms. Rebecca Eberhardt, Ms. Regina Fax, Ms. Alie Muneer, Ms. Amish Shah, Ms. Lillian Dasko-Vincent, and Ms. Lisa Vigus. CHPPM said a fond farewell to SGT Diane Tamez.





Secretary of the Army's 24TH Annual Energy and Water Management Award

By: Evelyn B. Riley-Hess

The Secretary of the Army's Energy and Water Management Awards ceremony was held at the Pentagon on July 31. Aberdeen Proving Ground, Maryland was a winner in the Alternative Financing Category. Mr. Paul A. Wilson, Deputy Chief of Staff for Logistics, was one of seven attendees from APG because of his contribution to the success of this important program.

The Secretary of the Army Energy and Water Management Awards Program was established in 1979 to encourage energy and water conservation. It recognizes significant achievements by installations and individuals throughout the Army as part of the plan for implementing Federal goals contained in Executive Order 13123, Greening the Government through Efficient Energy Management. Between FY85 and 01, the Army reduced facility energy consumption by 27 percent and accumulated a cost avoidance of \$2.8 billion in large measure because of the initiative, innovation, and commitment of those being honored and their predecessors.

Wilson said, "APG and its tenants need to continue their successful energy conservation measures conserving scarce natural and fiscal resources. Being a part of this process and team is an honor and an opportunity to make a positive near- and long-term difference."

The APG managed nine in place and active energy saving projects in FY01 with a combined annual savings of \$1.74 million. These projects avoided the use of 173,800 million British Thermal Units of facilities energy. Despite the increased activity, weather, and construction of the Chemical Demilitarization Facility at the Edgewood Area of APG, APG had a decrease in actual consumption of 20,929 MBTUs. APG has had over 30 percent growth in facilities square feet from the 1985 base line and reduced its energy use from 205 MBTUs/Ksf in FY85 to 153.6 MBTUs/Ksf in FY01. This aggressive reduction avoided over \$7.5 million in energy cost for FY01 and over \$54 million since 1985. APG has obtained a 25 percent reduction in energy use from the 1985 base line with eight more years to reach the 35 percent reduction goal set by Executive Order 13123.

COL William R. Chambers, Chief of Staff, said, "I am proud that CHPPM was recognized along with APG in this annually held event. Wilson is commended for his support in good stewardship of energy resources and reinforcing the importance of meeting the Army's energy reduction goals."



Harry Greveris, COL Mardi Mark, Marlin Spence, Gerald Carrick, Gary Testerman, and Paul Wilson display the plaque.

CHPPM Cyclers...

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lightweight, carbon-fiber frame bike. "I enjoy riding with a lightweight frame, especially during these longer rides." He recently completed the Amish Country (Kent County, Delaware) half-century ride in September on a rented tandem bike with his 10-year old daughter, Lindsey. "I hope we can get a group of us together to do this ride every year to get ready for the Sea Gull. The Amish Country ride is much smaller than the Sea Gull, but it is well supported with good rest stops."

Wortman has ridden in three previous Sea Gulls. "I rode in a Sea Gull where a strong wind blew in our faces for about 40 miles going out to Assateague. Coming back with the wind at our backs made the ride so much more pleasant." He rides with Resta and Lee at lunchtime.

Employees of the Quarter



Civilian Employee of the Quarter

2nd Qtr, FY02

NIKKI N. JORDAN

Directorate of Epidemiology and Disease Surveillance

Ms. Nikki Jordan has been continuously involved with improving the awareness of CHPPM's work through poster presentations at major conferences. Her most recent accomplishment was a presentation of her analysis of the Pentagon Post Disaster Health Assessment Survey at the 42nd Navy Occupational Health and Preventive Medicine Workshop sponsored by the Navy Environmental Health Center, where she captured first place in the poster category. Jordan has presented posters in the last three months for work she has accomplished in other program areas as well as her own at conferences such as: The Centers for Disease Control's International Conference on Emerging Infectious Diseases and the Recruit and Trainee Health Care Symposium.

Professional Associate Employee of the Quarter

2nd Qtr, FY02

DANIELE BANANTO

Deputy Chief of Staff for Information Management



Ms. Daniele Bananto has consistently provided exceptional customer service to CHPPM through a wide variety of computer related training classes. The effectiveness of the training provided is greatly enhanced by her practical knowledge of information management practices and insights into CHPPM business processes. Most recently, Bananto has assumed a key role in the preparations for the Defense Travel System, which will be deployed in June 2002. Her efforts have contributed significantly to positioning CHPPM at the forefront in DTS preparations at Aberdeen Proving Ground, Maryland, and have provided CHPPM with valuable insights for Information Management and Information Technology planning and support within CHPPM.

Correction

In the May-June issue the titles of Employees of the Quarters were reversed, the correct title should read: Civilian Employee of the Quarter - Nikki Jordan and Professional Associate of the Quarter - Daniele Bananto.

Employees of the Quarter



Civilian Employee of the Quarter 3rd Qtr, FY03

YVONNE PHILLIPS
Deputy Chief of Staff for Resource Management

When you have a MODERN question, who do you call? Yvonne Phillips, CHPPM's Employee of the Quarter. Phillips has worked in the Human Resources Division of the Deputy Chief of Staff for Resource Management since May 1995 and has consistently provided exceptional customer service to CHPPM employees. Phillips has over 18 years of government experience. She spent time at the Social Security Administration in Baltimore, Maryland and moved to the old Civilian Personnel Office on Aberdeen Proving Ground,

before joining the CHPPM team.

Phillips is the MODERN subject matter expert at CHPPM. She answers questions and processes Requests for Personnel Actions, TAPES, and awards. She is the first person new employees meet at CHPPM and the last one they see when they leave. At your request, Phillips will provide individual training on MODERN at your PC. She provides this service for managers and secretaries throughout CHPPM. The effectiveness of the training has contributed significantly to the speed and accuracy of processing personnel actions, TAPES and awards.

Technical expertise and positive attitude generated an invitation for Phillips to conduct an hour-long training session at CHPPM's First Annual Secretaries Seminar in 2002. She was lauded for her presentation and the information was extremely useful to the attendees.

Phillips has an AA from Harford Community College, Maryland. She is very personable and encouraging. She likes to travel and listen to music, but her first priority is raising her teenage daughter, Anna.



Professional Associate Employee of the Quarter 3rd Qtr, FY03

GREGORY JOHNSON
Deputy Chief of Staff for Information Management

Gregory Johnson, Computer Specialist, has been managing the tape backup system for the Deputy Chief of Staff for Information Management for several years - a thankless job riddled with off hour's work and stress. Johnson has continually managed to maintain the system while the data storage needs of the CHPPM have grown exponentially, making his job even more difficult. He has done this while maintaining a cost effective solution that must adjust and expand year after year. His job is of vital importance because information

is the CHPPM's product and he protects that product from malfunctioning electronics, environmental hazards, and human error. His performance is exemplary, and he makes CHPPM and DCSIM proud.