

# **Controlling Injuries to Soldiers During Initial Entry Training**

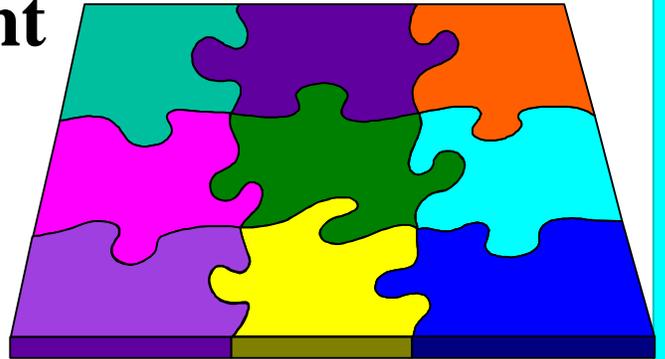
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*Sponsored by Ft Jackson,  
AMEDD Center & School, & USACHPPM*

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# An Overview

- ◆ **Agenda**
- ◆ **Purpose**
- ◆ **The Five-Step Public Health Approach**
- ◆ **Rules of Engagement**
- ◆ **Our Product**



# The Agenda

◆ **Breaks**

◆ **Lunch**

◆ **Ending Time**

# Purpose

- ◆ **Provide a forum where command representatives, medical providers, and medical researchers can address injuries in the IET setting.**

# Purpose

- ◆ **Initiate a process to develop an injury prevention & control strategy**

# **The Five-Step Public Health Approach**

*A methodology that can be used to prevent and control injuries.*

Adapted from Mercy, et al. "Public Health Policy for Preventing Violence." *Health Affairs*, Winter 1993:7-29, and Jones and Knapik. "Physical Training and Exercise-Related Injuries: Surveillance, Research and Injury Prevention in Military Populations." *Sports Medicine*, 27(2):111-125, 1999.

# **The Five-Step Public Health Approach**

- ◆ ***First.* Determine existence & magnitude of problem.**
- ◆ ***Second.* Identify causes of and risk factors for the problem.**

## **The Five-Step Public Health Approach**

- ◆ ***Third.* Determine what prevents the problem.**
- ◆ ***Fourth.* Implement prevention strategies and programs.**
- ◆ ***Fifth.* Monitor and evaluate the effectiveness of prevention efforts.**

# **Rules of Engagement**

## **◆ Survey Summary**

- Open Discussion**
- Identify your top 3 IET Injury Issues**
- Weight your issue (3 highest)**

## **◆ Assign Work Groups & Injury Issues**

# Rules of Engagement

- ◆ Describe the “as is” situation.
- ◆ Describe the “to be” process.
- ◆ Recommend
  - Goals
  - Tasks
  - POCs for the task
  - Timelines to get us from the “as is” to “to be”

# Rules of Engagement

- ◆ **Break into WGs and decide roles**
  - **Gatekeeper (group leader)**
  - **Timekeeper**
  - **Parking Lot Attendant**
  - **Recorder**
  - **Presenter**

# Rules of Engagement

- ◆ **Facilitators will rotate among the work groups.**
- ◆ **Work groups present their recommendations to open forum.**
  - **Use/follow format.**
  - **Keyboard presentation.**

# Rules of Engagement

- ◆ **After all work groups present, open session for comments and questions.**
- ◆ **Wrap up.**
  - **WG report on disk to facilitator.**
  - **Written proceedings prepared by facilitator.**
- ◆ **Next steps.**

# **Our Product**

- ◆ **Draft IET Injury Prevention and Control Strategy**
  - **Address the Five-Step Public Health Approach**
  - **Address goals, tasks, POCs, & timelines for top 3-5 IET injury issues**

# **Our Product**

- ◆ **Draft IET Injury Prevention and Control Strategy**
  - **Guide decision making.**
  - **Establish a unified effort to achieve common goals.**

# Questions/Comments



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